



Holstenküstenlauf - 22. Stadtlauf

10. Juni 2011



Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
1	1	00:32:26	Schröder-Groeneveld	Leif	O.t.n Lauflabor	GER-SH	M-20	00:32:25	1
2	2	00:32:37	Dethlefs	Pascal	LG Rendsburg-Büdelndorf	GER-SH	M-20	00:32:36	2
3	329	00:33:06	Kolmorgen	Marco	O.t.n Lauflabor	GER-SH	M-40	00:33:05	1
4	946	00:33:38	Michalak	Claudius		GER-SH	M-20	00:33:36	3
5	335	00:33:57	Pohst	Jan-Philipp	O.t.n Lauflabor	GER-SH	M-20	00:33:56	4
6	1061	00:34:14	Thewes	Danny			M-30	00:34:13	1
7	866	00:34:41	Ahne	Peter	TSV Mindelheim	GER-BAY	M-40	00:34:40	2
8	1050	00:35:02	Orthmann	Volker	O.t.n Lauflabor		M-45	00:35:01	1
9	430	00:36:00	Thimm	Volker	TSV Ratekau	GER-SH	M-40	00:35:59	3
10	697	00:36:34	Müller	Philipp	SG Athletico Büdelndorf	GER-SH	M-30	00:36:32	2
11	1072	00:36:45	Hartmann	Tim	SG Athletico Büdelndorf		M-20	00:36:43	5
12	641	00:37:00	Meinert	Heiko	Laufftreff Tasdorf	GER-SH	M-30	00:36:57	3
13	550	00:37:06	Kohlmorgen	Björn	O.t.n Lauflabor	GER-SH	M-35	00:37:05	1
14	219	00:37:10	Boie	Lennart	FEK - Team	GER-SH	M-35	00:37:05	2
15	374	00:37:18	Semkow	Alexander	SG Athletico Büdelndorf	GER-SH	M-30	00:37:15	4
16	985	00:37:34	Tietz	Björn	Sport-Club Itzehoe	GER-SH	M-30	00:37:31	5
17	1078	00:37:54	Hoop	Thomas	LG Eider-Sport RD		M-40	00:37:46	4
18	898	00:38:00	Gloe	Dieter	Wellingdorfer TV Kiel	GER-SH	M-45	00:37:59	2
19	377	00:38:13	Pszolla	Karsten	SG Tantalus Kiel	GER-SH	M-40	00:38:11	5
20	414	00:38:16	Abert	Achim	Tri Team Neumünster	GER-SH	M-45	00:38:16	3
21	1056	00:38:25	Hansen	Arne	Spiridon Schleswig		M-40	00:38:23	6
22	824	00:38:31	Hauschild	Wolfgang	LGKV	GER-NIE	M-45	00:38:29	4
23	820	00:38:39	Cibis	Andre	LAV Husum	GER-SH	M-45	00:38:37	5
24	939	00:38:49	Loors	Andreas	Marine Neustadt	GER-SH	M-40	00:38:45	7
25	82	00:39:02	Mayer	Mario		GER-SH	M-45	00:39:00	6
26	565	00:39:05	Dahmke	Christian	SG Wift Neumünster	GER-SH	M-JA	00:39:00	1
27	1014	00:39:07	Kosok	Christian			M-35	00:39:02	3
28	842	00:39:09	Ortmann	Manfred	USC Kiel	GER-SH	M-50	00:39:07	1
29	494	00:39:09	Lindemann	Jasper	Wintersportfreunde Schleswig-Holstein e.V.	GER-SH	M-20	00:38:58	6
30	373	00:39:24	Große	Dirk	SG Athletico Büdelndorf	GER-SH	M-40	00:39:21	8
31	1084	00:39:25	Rathjan	Marcus			M-40	00:38:55	9
32	415	00:39:30	Nass	Udo	Tri Team Neumünster	GER-SH	M-50	00:39:28	2
33	376	00:39:36	Krause	Andreas	SG Tantalus Kiel	GER-SH	M-45	00:39:32	7
34	571	00:39:37	Mohr	Christian	Berufsfeuerwehr Neumünster	GER-SH	M-40	00:39:35	10
35	151	00:39:43	Pollak	Werner	Amtsgericht Neumünster	GER-SH	M-55	00:39:40	1
36	918	00:39:43	Jansen	Tim	1. Flensburger Laufftreff	GER-SH	M-30	00:39:39	6
37	586	00:39:46	Stahl	Fred	LG Neumünster	GER-SH	M-60	00:39:41	1
38	416	00:39:50	Reich	Ronald	Tri Team Neumünster	GER-SH	M-45	00:39:48	8
39	215	00:40:03	Finck	Michael	FC Torpedo 76	GER-SH	M-35	00:39:57	4
40	1018	00:40:11	Hamann	Kay	Tri Team Neumünster		M-40	00:40:09	11

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
41	345	00:40:14	Tamm	Kai	O.t.n Lauflabor	GER-SH	M-50	00:40:05	3
42	1006	00:40:24	Tiemann	Frank			M-45	00:40:21	9
43	903	00:40:26	Grotirian	Philipp			M-JB	00:40:21	1
44	624	00:40:26	Jessen	Lennard	Squash-Verein-Neumünster e.V.	GER-SH	M-20	00:40:01	7
45	623	00:40:45	Janssen	Karsten	LG Neumünster	GER-SH	M-45	00:40:41	10
46	276	00:40:50	Hamann	Jonte	IGS NMS - Brachenfeld	GER-SH	M-SA	00:40:34	1
47	70	00:40:51	Landes	Leon		GER-HAM	M-SA	00:40:33	2
48	6	00:40:54	Trapp	Michael	LG POWER-Schnecken Kiel e.V.	GER-SH	M-40	00:40:50	12
49	1027	00:41:04	Hansen	Gerhard			M-50	00:40:53	4
50	890	00:41:04	Elias	Philip	O.t.n Lauflabor	GER-SH	M-20	00:41:03	8
51	1051	00:41:13	Kloth	Hans-peter	Seeblickläufer Bad Segeberg		M-45	00:41:02	11
52	1073	00:41:15	Eibbel	Thore			M-JB	00:41:11	2
53	981	00:41:21	Stölting	Christian	SV Großenaspe	GER-SH	M-55	00:41:11	2
54	401	00:41:24	Dose	Barne	SV Tungendorf	GER-SH	M-20	00:41:09	9
55	464	00:41:30	Wriedt	Carsten	VR Bank Neumünster	GER-SH	M-45	00:41:27	12
56	158	00:41:34	Krüger	Karsten	ATS Buntentor Bremen	GER-BRE	M-45	00:41:32	13
57	315	00:41:38	Stave	Olaf	Die Missilia	GER-SH	M-40	00:41:35	13
58	217	00:41:46	Behm	Dirk	FEK - Team	GER-SH	M-40	00:41:37	14
59	619	00:41:49	Hahm	Johannes	Bela's flotte Sprotten	GER-SH	M-35	00:41:42	5
60	750	00:41:50	Krey	Torsten	Polizei SV Taekwondo	GER-SAR	M-40	00:41:44	15
61	626	00:42:05	Klinke	Dr. Joachim		GER-SH	M-50	00:41:58	5
62	969	00:42:10	Schilling	Sebastian	Team Transcoject	GER-SH	M-20	00:41:40	10
63	368	00:42:11	Reißner	Matthias	Richard Ditting	GER-SH	M-20	00:42:07	11
64	533	00:42:13	Westphalen	Christian	LT Einfeld	GER-SH	M-45	00:41:23	14
65	791	00:42:17	Quer	Arndt	RT-Neumünster	GER-SH	M-20	00:42:07	12
66	291	00:42:17	Kramm	Thomas	Kowsky Lauf Team	GER-SH	M-45	00:42:11	15
67	870	00:42:21	Beifuß	Andreas	BSG Sparkasse-Südholstein	GER-SH	M-20	00:41:31	13
68	524	00:42:21	Gold	Frank		GER-SH	M-40	00:42:04	16
69	310	00:42:24	Brethauer	Tim	LT Ruthenberg	GER-SH	M-20	00:42:21	14
70	737	00:42:26	Wrage	Walter	ALG VFL Bokel	GER-SH	M-55	00:42:20	3
71	24	00:42:28	Borst	Ulrich		GER-SH	M-45	00:42:21	16
72	462	00:42:32	Wagner	Jens	VR Bank Neumünster	GER-SH	M-55	00:42:27	4
73	23	00:42:34	Bodenthien	Jens		GER-SH	M-40	00:42:27	17
74	837	00:42:37	Lage	Michael	Sauer-Danfoss Neumünster	GER-SH	M-40	00:42:29	18
75	188	00:42:40	Gieb	Willi	Die Missilia	GER-SH	M-55	00:42:35	5
76	1054	00:42:41	Gerull	Udo	LG Power Schnecken Kiel e.V.		M-45	00:42:36	17
77	957	00:42:41	Rave	Sönke	USC Kiel	GER-SH	M-40	00:42:38	19
78	845	00:42:41	Pieper	Oliver	Lokomotive Wichern	GER-SH	M-30	00:42:35	7
79	831	00:42:41	Kanthack	Lars	Sauer-Danfoss Neumünster	GER-SH	M-35	00:42:31	6
80	830	00:42:41	Jace	Rigers	Markert Gruppe	GER-SH	M-20	00:42:08	15
81	487	00:42:42	Schwab	Siegbert	Walther-Lehmkuhl-Schule	GER-SH	M-50	00:42:22	6
82	1065	00:42:45	Michaeli	Marcel Dominic			M-30	00:42:38	8
83	1055	00:42:46	Schnitz	Stefan	SG Athletico Büdelsdorf		M-40	00:42:29	20
84	754	00:42:54	Holtorf	Werner		GER-SH	M-45	00:42:38	18
85	549	00:42:56	Sienknecht	Marko	MTSV Hohenwestedt	GER-SH	M-35	00:42:16	7
86	649	00:42:57	Rahn	Olaf	PTSV		M-45	00:42:49	19
87	2329	00:42:57	Pollak	Daniel	Cursor Collegium	GER-SH	M-20	00:42:48	16
88	983	00:43:00	Szaliés	Arne	LG EIDERSPORT RENDSBURG	GER-SH	M-45	00:42:53	20
89	823	00:43:12	Haas	Volker		GER-SH	M-40	00:42:41	21

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
90	206	00:43:12	Sträter	Timo	Fa. ERKA-Türen	GER-SH	M-30	00:41:58	9
91	255	00:43:13	Gorning	Eddy	Forst Wandsbek/ LKG Bargteheide	GER-SH	M-45	00:43:05	21
92	810	00:43:16	Zahnow	Björn	SV Tungendorf	GER-SH	M-20	00:42:47	17
93	2330	00:43:16	Pollak	Magnus	Cursor Collegium	GER-SH	M-20	00:43:07	18
94	102	00:43:18	Rohweder	Norbert		GER-SH	M-50	00:43:11	7
95	650	00:43:19	Raksch	Oliver	BSG Sparkasse-Südholstein	GER-SH	M-30	00:41:58	10
96	300	00:43:21	Ahrendt	Karsten	LG Neumünster	GER-SH	M-50	00:43:18	8
97	539	00:43:24	Köhn	Jan		GER-SH	M-50	00:43:04	9
98	294	00:43:31	Pisall	Harry	Kowsky Lauf Team	GER-SH	M-45	00:43:24	22
99	611	00:43:43	Ehlers	Jens	TSV Ratekau	GER-SH	M-60	00:43:40	2
100	695	00:43:53	Lübcke	Benjamin		GER-SH	M-20	00:43:45	19
101	512	00:43:54	Westedt	Marko	Schmidt + Hoffmann	GER-SH	M-40	00:43:36	22
102	879	00:44:03	Bühse	Johannes	SV Tungendorf	GER-SH	M-20	00:42:30	20
103	1058	00:44:04	Westphal	Peter	Möllner SV		M-70	00:43:57	1
104	128	00:44:04	Tonnus	Helge		GER-SH	M-50	00:43:37	10
105	2320	00:44:05	Krause	Burkhardt		GER-SH	M-35	00:43:48	8
106	1082	00:44:08	Hanf	Thomas			M-45	00:44:01	23
107	16	00:44:16	Ballnus	Dirk		GER-SH	M-40	00:44:04	23
108	72	00:44:16	Weingarten	Marco	O.t.n Lauflabor	GER-SH	M-35	00:44:12	9
109	920	00:44:20	Jensen	Jakob	Posaunenchor Bokhorst	GER-SH	M-20	00:43:30	21
110	1026	00:44:20	Aliji	Abib			M-55	00:44:05	6
111	741	00:44:20	Jonton	Marco		GER-SH	M-35	00:43:59	10
112	966	00:44:20	Scheffler	Christian		GER-SH	M-30	00:43:06	11
113	541	00:44:20	Bausch	Martin	BSG JVA Neumünster	GER-SH	M-50	00:43:45	11
114	789	00:44:21	Wagener	Ingo	BSG Roadrunners Norderstedt	GER-SH	M-45	00:43:58	24
115	948	00:44:22	Molero-Membrilla	José	Borener SV	GER-SH	M-70	00:44:20	2
116	189	00:44:26	Hoffmann	Matthias	Die Missilia	GER-SH	M-20	00:44:20	22
117	99	00:44:27	Jochens	Tjard	Polizei SV Neumünster	GER-SH	M-SB	00:44:22	1
118	996	00:44:29	Liebke	Niklas	Blau-Weiß-Wittorf		M-JB	00:43:45	3
119	1019	00:44:30	Hinz	Markus	Edelritter		M-40	00:43:50	24
120	785	00:44:33	Templin	Ralf	Body & Soul Fitnessclub	GER-SH	M-45	00:44:27	25
121	990	00:44:39	Wendt	Thomas	O.t.n Lauflabor	GER-SH	M-40	00:44:27	25
122	132	00:44:41	Verse	Thomas		GER-SH	M-40	00:44:09	26
123	256	00:44:45	Spiegel	Michael	Fortuna Wellsee	GER-SH	M-55	00:44:37	7
124	392	00:44:45	Schmidt	Dr. Henning	SV Großhansdorf	GER-SH	M-50	00:43:29	12
125	834	00:44:47	Kossiski	Frank	Sport-Club Itzehoe	GER-SH	M-40	00:44:43	27
126	1030	00:44:47	Krüger	Niklas	Holstenschule		M-JB	00:44:28	4
127	790	00:44:48	Peters	Jörg		GER-SH	M-45	00:44:25	26
128	778	00:44:48	Schröder	Dirk		GER-SH	M-45	00:44:41	27
129	730	00:44:49	Tode	Kai		GER-SH	M-40	00:44:47	28
130	1044	00:44:51	Blagojevic	Dujko			M-20	00:44:24	23
131	860	00:44:56	Weiss	Wilfried	Sauer-Danfoss Neumünster	GER-SH	M-45	00:44:38	28
132	913	00:45:00	Holst	Friedrich	SV-Rugenbergen	GER-SH	M-70	00:44:52	3
133	841	00:45:03	Neumann	Martin	Sauer-Danfoss Neumünster	GER-SH	M-30	00:44:54	12
134	32	00:45:05	Emmerich	Jan		GER-SH	M-50	00:44:52	13
135	608	00:45:06	Döhler	Michael	HSG WaBo 2011	GER-SH	M-40	00:44:05	29
136	44	00:45:08	Hauberg	Reiner		GER-SH	M-35	00:44:21	11
137	798	00:45:09	Lohmeyer	Dirk	SWN Stadtwerke Neumünster GmbH	GER-SH	M-40	00:44:56	30
138	745	00:45:11	Schilling	Kai		GER-SH	M-40	00:44:49	31
139	587	00:45:12	Drebitz	Dennis		GER-SH	M-30	00:44:19	13

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
140	470	00:45:14	Dieck	Ole	Walther-Lehmkuhl-Schule	GER-SH	M-JA	00:45:02	2
141	254	00:45:18	Pieper	Tommy	Förderzentrum Wichernschule	GER-SH	M-SA	00:45:03	3
142	484	00:45:19	Scheffler	Tobias	Walther-Lehmkuhl-Schule	GER-SH	M-30	00:44:05	14
143	2337	00:45:19	Joost	Jannick		GER-SH	M-JA	00:44:08	3
144	14	00:45:20	Aschoff	Dr. Frank		GER-SH	M-55	00:45:03	8
145	2338	00:45:20	Joost	Julian		GER-SH	M-JB	00:44:08	5
146	547	00:45:22	Schiefelbein	Walter		GER-SH	M-60	00:45:17	3
147	828	00:45:22	Hock	Oliver	Sauer-Danfoss Neumünster	GER-SH	M-35	00:45:04	12
148	924	00:45:23	Kähler	Stefan	Lauftreff Kiel-Ost	GER-SH	M-40	00:44:54	32
149	269	00:45:24	Illing	Jorge	Feuerwehr Beringstedt	GER-SH	M-JA	00:45:11	4
150	1083	00:45:25	Lassig	Robert		GER-SH	M-45	00:44:58	29
151	871	00:45:28	Bendix	Frank	SV Boostedt	GER-SH	M-45	00:45:18	30
152	855	00:45:29	Schwartz	Martin	Sauer-Danfoss Neumünster	GER-SH	M-20	00:45:10	24
153	797	00:45:30	Schumann	Frank	SWN Stadtwerke Neumünster GmbH	GER-SH	M-45	00:44:48	31
154	858	00:45:30	Themm	Thorsten	Sauer-Danfoss Neumünster	GER-SH	M-35	00:44:15	13
155	298	00:45:31	Goy	Rolf	Lauftreff Schmalensee	GER-SH	M-45	00:45:17	32
156	447	00:45:33	Knoll	Matthias	VR Bank Neumünster	GER-SH	M-40	00:45:11	33
157	583	00:45:33	Sarau	Lasse	SV Tungendorf	GER-SH	M-20	00:44:05	25
158	427	00:45:34	Illing	Thomas	Feuerwehr Beringstedt	GER-SH	M-50	00:45:22	14
159	639	00:45:37	Martinsen	Sven		GER-SH	M-20	00:45:11	26
160	662	00:45:38	Hansen	Jens	DAK-Team	GER-SH	M-45	00:45:28	33
161	399	00:45:38	Ruck	Torsten	SVEN RUCK & TORSTEN RUCK GMBH	GER-SH	M-40	00:45:13	34
162	1049	00:45:38	Ohle	Michael			M-55	00:45:29	9
163	398	00:45:39	Ruck	Sven	SVEN RUCK & TORSTEN RUCK GMBH	GER-SH	M-40	00:45:14	35
164	120	00:45:44	Sell	Matthias		GER-SH	M-35	00:44:34	14
165	190	00:45:45	Lewko Dr.	Thomas	Die Nordthopäden	GER-SH	M-40	00:45:10	36
166	1008	00:45:47	Schmidt	Michael			M-40	00:44:36	37
167	895	00:45:48	Friedrichsen	Tom	LG Albatros Kiel	GER-SH	M-45	00:45:24	34
168	783	00:45:49	Schröder	Henning	Body & Soul Fitnessclub	GER-SH	M-20	00:45:16	27
169	782	00:45:51	Fredenhausen	Martin	Body & Soul Fitnessclub	GER-SH	M-20	00:45:18	28
170	688	00:45:51	Wachröl-Zöllner	Frank		GER-SH	M-50	00:44:42	15
171	530	00:45:51	Ehlers	Tony-Peter	SV Boostedt	GER-SH	M-45	00:45:27	35
172	625	00:45:59	Kietzmann	Malte	LBV Phönix Lübeck	GER-SH	M-SC	00:45:54	1
173	883	00:45:59	Deppe	Sven	LTV Kiel-Ost	GER-SH	M-45	00:45:21	36
174	1012	00:46:01	Tode	Thomas			M-40	00:45:59	38
175	991	00:46:04	Wolgast	Manuel		GER-SH	M-20	00:45:41	29
176	676	00:46:09	Schwenck	Finn		GER-SH	M-JB	00:45:50	6
177	917	00:46:10	Jansen	Benjamin			M-20	00:44:38	30
178	424	00:46:13	Theune	Sebastian	TSV Bordesholm	GER-SH	M-45	00:46:01	37
179	700	00:46:14	Kurmann	Clemens		GER-SH	M-50	00:45:55	16
180	109	00:46:18	Schmidt	Norbert		GER-SH	M-55	00:46:01	10
181	2328	00:46:18	Pollak	Gerhard	Cursor Collegium	GER-SH	M-55	00:46:02	11
182	212	00:46:20	Siegel	Jan Patrick	Fachklinik Aukrug	GER-SH	M-20	00:44:49	31
183	801	00:46:24	Schulz	Stefan	SWN Stadtwerke Neumünster GmbH	GER-SH	M-45	00:45:42	38
184	585	00:46:28	Riegenberg	Hans-Jürgen	SC Gut Heil Neumünster	GER-SH	M-70	00:46:11	4
185	449	00:46:31	Küstner	Markus	VR Bank Neumünster	GER-SH	M-45	00:46:22	39
186	777	00:46:35	Damerow	Bernd	O.t.n Lauflabor	GER-SH	M-60	00:46:22	4
187	848	00:46:40	Roger	Stefan	Sauer-Danfoss Neumünster	GER-SH	M-40	00:45:51	39
188	825	00:46:45	Hebel	Daniel	Markert Gruppe	GER-SH	M-30	00:46:03	15

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Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
189	902	00:46:45	Greve	Mark	HolzLand Greve	GER-SH	M-35	00:46:17	15
190	808	00:46:45	Weiß	Olaf	LG BMI	GER-SH	M-45	00:46:29	40
191	515	00:46:47	Gehlhaar	Timmy		GER-SH	M-20	00:45:50	32
192	935	00:46:49	Kuscu	Turan	Vfr-nms	GER-SH	M-35	00:46:26	16
193	2324	00:46:52	Schulz	Hulger	SC Gut Heil Neumünster	GER-SH	M-50	00:45:28	17
194	863	00:46:53	Lehmann	Hendrik	ALG VFL Bokel	GER-SH	M-50	00:46:19	18
195	171	00:46:55	Rupnow	Torge	Blau-Weiß Wittorf e.V.	GER-SH	M-40	00:45:44	40
196	826	00:47:01	Herbst	Patrick	Markert Gruppe	GER-SH	M-20	00:46:20	33
197	514	00:47:02	Fröhlich	Dennis		GER-SH	M-20	00:46:34	34
198	792	00:47:03	Harm	Sönke		GER-SH	M-45	00:45:40	41
199	1076	00:47:05	Ball	Thomas	Spiridon Oldesloe		M-50	00:46:48	19
200	263	00:47:05	Lage	Oliver	Fürstthof Immo FK	GER-SH	M-30	00:46:56	16
201	906	00:47:05	Hahn	Torsten		GER-SH	M-40	00:46:32	41
202	386	00:47:05	Thies	Heiko	Squash Verein Neumünster	GER-SH	M-40	00:46:33	42
203	5	00:47:08	Höft	Kersten	Polizei SV Neumünster	GER-SH	M-35	00:47:01	17
204	815	00:47:08	Schnoor	Hakon	SV Wasbek	GER-SH	M-SB	00:46:45	2
205	67	00:47:09	Kuklinski	Marek		GER-SH	M-45	00:46:53	42
206	114	00:47:12	Schrader	Kai		GER-SH	M-45	00:46:23	43
207	495	00:47:13	Klauß	Robin	Zippels Läuferteam	GER-SH	M-30	00:47:05	17
208	973	00:47:15	Schultze	Tim	HolzLand Greve	GER-SH	M-JA	00:46:48	5
209	178	00:47:16	Böttger	Arne	Bundespolizeirevier Neumünster	GER-SH	M-45	00:47:00	44
210	746	00:47:17	Mik	Stefan		GER-SH	M-35	00:46:55	18
211	800	00:47:21	Rieper	Michael	SWN Stadtwerke Neumünster GmbH	GER-SH	M-40	00:46:26	43
212	724	00:47:23	Sauer	Edgar	TSV Schönberg	GER-SH	M-50	00:46:56	20
213	1088	00:47:25	Wöbcke	Matthias	Hans-Böckler-Schule		M-35	00:45:43	19
214	75	00:47:26	Lenkeit	Andreas		GER-SH	M-45	00:46:54	45
215	38	00:47:26	Geufke	Andreas		GER-SH	M-20	00:46:19	35
216	163	00:47:27	Henning	Carsten	Baugenossenschaft Holstein	GER-SH	M-30	00:45:50	18
217	621	00:47:28	Hauschildt	Matthias	Shanghai-Team	GER-SH	M-40	00:47:18	44
218	1041	00:47:29	Reiske	Gerd			M-60	00:47:26	5
219	439	00:47:36	Peetz	Torsten	VFR Neumünster	GER-SH	M-50	00:47:08	21
220	137	00:47:37	Warlies	Dr. Kurt		GER-SH	M-55	00:47:04	12
221	970	00:47:41	Schlizio	Olaf	LG Neumünster	GER-SH	M-40	00:47:05	45
222	861	00:47:41	Böttcher	Ole	LG Neumünster	GER-SH	M-SA	00:47:05	4
223	55	00:47:42	Jeß	Norbert		GER-SH	M-40	00:47:10	46
224	1091	00:47:47	Rauen	Simon	Henstedt-Ulzburg	GER-SH	M-20	00:46:08	36
225	865	00:47:47	Letsch	Arvid		GER-SH	M-20	00:47:19	37
226	490	00:47:47	Wegner	Tim	Walther-Lehmkuhl-Schule	GER-SH	M-JA	00:46:42	6
227	574	00:47:51	Seiler	Sven	Berufsfeuerwehr Neumünster	GER-SH	M-30	00:46:56	19
228	647	00:47:52	Petersson	Sascha	Shanghai-Team	GER-SH	M-35	00:47:50	20
229	775	00:47:54	Förster	Stefan	SG Wift Neumünster	GER-SH	M-35	00:45:56	21
230	446	00:47:56	Klinkmann	Dirk	VR Bank Neumünster	GER-SH	M-40	00:47:29	47
231	937	00:47:59	Lassen-Rasch	Christian	Posaunenchor Bokhorst	GER-SH	M-20	00:47:08	38
232	1081	00:48:00	Schlepper	Björn			M-45	00:47:33	46
233	630	00:48:02	Krogstrup	Christian	LT Einfeld	GER-SH	M-50	00:48:02	22
234	1053	00:48:06	Becker	Michael			M-20	00:47:29	39
235	891	00:48:08	Erich	Reinhard	LTV Kiel-Ost	GER-SH	M-55	00:47:52	13
236	613	00:48:08	Falk	Thomas	Shanghai-Team	GER-SH	M-45	00:47:37	47
237	303	00:48:09	Glau	Frank	Lokomotive Wichern	GER-SH	M-40	00:47:38	48
238	963	00:48:09	Runge	Gerd	LT Einfeld	GER-SH	M-50	00:47:18	23

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
239	293	00:48:11	Nielsen	Jens	Kowsky Lauf Team	GER-SH	M-45	00:47:32	48
240	63	00:48:12	Fehlandt	Stefan	O.t.n Lauflabor	GER-SH	M-45	00:48:01	49
241	1075	00:48:12	Nielsen	Henning	neg Niebüll GmbH-zügig ans Meer		M-35	00:46:19	22
242	822	00:48:12	Göllner	Wilhelm	Sauer-Danfoss Neumünster	GER-SH	M-50	00:47:38	24
243	599	00:48:13	Kasten	Thomas		GER-SH	M-40	00:47:35	49
244	856	00:48:18	Strauss	Christian	Sauer-Danfoss Neumünster	GER-SH	M-20	00:47:26	40
245	795	00:48:18	Gieseler	Michael	Neumünster-Faldera	GER-SH	M-45	00:48:12	50
246	896	00:48:18	Genzke	David	HolzLand Greve	GER-SH	M-30	00:47:51	20
247	64	00:48:20	Kolmer	Wilfried		GER-SH	M-55	00:47:35	14
248	528	00:48:21	Rösner	Thomas	MTV Heide	GER-SH	M-45	00:48:15	51
249	799	00:48:25	Tontarra	Christoph	SWN Stadtwerke Neumünster GmbH	GER-SH	M-20	00:48:11	41
250	616	00:48:27	Fuhrmann	Olaf	Bela's flotte Sprotten	GER-SH	M-50	00:47:12	25
251	468	00:48:28	Cordes	Mathias	Walther-Lehmkuhl-Schule	GER-SH	M-20	00:47:27	42
252	328	00:48:29	Jochim	Edvard	O.t.n Lauflabor	GER-SH	M-20	00:48:18	43
253	532	00:48:30	Zander	Bernd	SGP	GER-SH	M-50	00:48:02	26
254	940	00:48:30	Lorenzen	Tom	GROSS VOLLSTEDT	GER-SH	M-30	00:48:00	21
255	436	00:48:31	Reinke	Sascha	Uker Schule	GER-SH	M-35	00:48:20	23
256	535	00:48:33	Funke	Ludger	TSV 05 Neumünster	GER-SH	M-45	00:47:57	52
257	802	00:48:36	Gerdes	Reenhard	SWN Stadtwerke Neumünster GmbH	GER-SH	M-50	00:47:41	27
258	731	00:48:36	Tontarra	Udo	LG Neumünster	GER-SH	M-55	00:48:22	15
259	2321	00:48:38	Rettich	Sven		GER-SH	M-40	00:48:26	50
260	378	00:48:38	Ziems	Eckhard	SG Tantalus Kiel	GER-SH	M-50	00:47:31	28
261	2331	00:48:40	Majewsky	Boris		GER-SH	M-30	00:47:23	22
262	253	00:48:44	Godbersen	Ralph	FIRST REISEBÜRO Neumünster	GER-SH	M-40	00:48:20	51
263	9	00:48:45	Abraham	Rüdiger		GER-SH	M-50	00:48:22	29
264	502	00:48:46	Buthmann	Frank		GER-SH	M-40	00:47:24	52
265	598	00:48:47	Maier	Benjamin		GER-SH	M-SA	00:48:31	5
266	434	00:48:47	Lucht	Soenke	TSV-05 NMS	GER-SH	M-45	00:48:37	53
267	670	00:48:49	Gronewold	Thomas	Body &Sun Boostedt	GER-SH	M-45	00:48:18	54
268	612	00:48:49	Eichner	Michael		GER-SH	M-30	00:48:16	23
269	334	00:48:50	Pohreep	Holger	O.t.n Lauflabor	GER-SH	M-45	00:48:15	55
270	722	00:48:52	Runge	Sönke	Stolpertruppe Süderbrarup	GER-SH	M-40	00:47:20	53
271	628	00:48:52	Korzenietz	Christian	Adventgemeinde Neumünster	GER-SH	M-55	00:48:33	16
272	49	00:48:52	Herwig	Werner		GER-SH	M-55	00:48:33	17
273	914	00:48:53	Illing	Eggert	Feuerwehr Beringstedt	GER-SH	M-50	00:48:16	30
274	1079	00:48:54	Schröder	Nils			M-35	00:48:05	24
275	987	00:48:55	Warnke	Jan	KGS	GER-SH	M-SB	00:48:38	3
276	664	00:48:57	Bahnsen	Thomas	DAK-Team	GER-SH	M-45	00:47:43	56
277	889	00:48:59	Eigenwald	Jan		GER-HAM	M-20	00:48:51	44
278	1002	00:49:00	Sprunk	Gisbert			M-50	00:48:42	31
279	726	00:49:01	Steinborn	Heiko	Bela's flotte Sprotten	GER-SH	M-45	00:47:43	57
280	170	00:49:02	Kühne	Roland	Blau-Weiß Wittorf e.V.	GER-SH	M-45	00:47:58	58
281	284	00:49:03	Pöhle	Helmut	KÍN GmbH	GER-SH	M-45	00:47:32	59
282	1080	00:49:03	Braun	Keeno			M-40	00:48:52	54
283	428	00:49:04	Stamer	Uwe	TSV Quellenhaupt	GER-SH	M-45	00:47:57	60
284	157	00:49:05	Wüllenkemper	Florian	Amtsgericht Neumünster	GER-SH	M-40	00:48:41	55
285	804	00:49:05	Entrich	Benjamin	SWN Stadtwerke Neumünster GmbH	GER-SH	M-20	00:48:13	45
286	43	00:49:07	Hagemeier	Marco		GER-SH	M-20	00:47:24	46

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
287	417	00:49:13	Steinhorst	Karsten	Tri Team Neumünster	GER-SH	M-45	00:48:54	61
288	431	00:49:15	Wacker	Kristian	TSV Stellingen von 1888 e.V.	GER-HAM	M-SA	00:48:57	6
289	15	00:49:15	Babendererde	Dr. Ortwin		GER-SH	M-40	00:48:04	56
290	1035	00:49:16	Rohwer	Matthias			M-30	00:48:38	24
291	182	00:49:16	Mumm	Udo	Bundeswehr	GER-SH	M-45	00:48:50	62
292	672	00:49:17	Dr. Wurz	Michael		GER-SH	M-40	00:48:58	57
293	28	00:49:17	Doß	Michael		GER-SH	M-40	00:48:56	58
294	673	00:49:17	Wachholtz	Jenz		GER-SH	M-45	00:48:58	63
295	379	00:49:17	Ivers	Torben	SG-Padenstedt	GER-SH	M-20	00:48:54	47
296	796	00:49:17	Sarau	Sven-Uwe	SWN Stadtwerke Neumünster GmbH	GER-SH	M-50	00:47:50	32
297	636	00:49:18	Linder	Andreas	SVT	GER-SH	M-40	00:47:20	59
298	776	00:49:18	Kliss	Heinz	LG POWER-Schnecken Kiel e.V.	GER-SH	M-65	00:48:48	1
299	892	00:49:19	Flugel	Peter		GER-SH	M-20	00:48:36	48
300	461	00:49:19	Tensfeldt	Arne	VR Bank Neumünster	GER-SH	M-40	00:47:50	60
301	1092	00:49:21	Zimmerman	Nils	Sport Pinguin GmbH		M-20	00:47:43	49
302	1039	00:49:21	Prager	Henning			M-20	00:48:57	50
303	1047	00:49:21	Schnack	Heiko			M-50	00:48:54	33
304	142	00:49:22	Wittmacher	Ingo		GER-SH	M-45	00:48:59	64
305	643	00:49:22	Mohr	Jörg		GER-SH	M-35	00:47:36	25
306	897	00:49:23	Gesing	Volker		GER-SH	M-50	00:49:05	34
307	573	00:49:26	Föh	Helge	Berufsfeuerwehr Neumünster	GER-SH	M-35	00:48:37	26
308	181	00:49:27	Mittendorfer	Jascha	Bundeswehr	GER-SH	M-20	00:49:11	51
309	180	00:49:27	Schrum	Stefan	Bundespolizeirevier Neumünster	GER-SH	M-40	00:48:01	61
310	296	00:49:28	Blödorn	Guido	Laufftreff Flintbek	GER-SH	M-40	00:49:20	62
311	931	00:49:29	Kröger	Kevin	Team Transcoject	GER-SH	M-20	00:49:14	52
312	698	00:49:29	Göttsche	Peter		GER-SH	M-45	00:48:37	65
313	773	00:49:31	Pfister	Stefan	KT Kaltenkirchen	GER-SH	M-40	00:49:05	63
314	186	00:49:34	Nicolaysen	Norman	Devotees Neumünster	GER-SH	M-35	00:48:44	27
315	911	00:49:34	Henn	Ulrich	Spiridon-Club Bad Oldesloe	GER-SH	M-50	00:49:23	35
316	862	00:49:34	May	Thomas	Warenhaus Karstadt	GER-SH	M-50	00:49:18	36
317	817	00:49:36	Borgert	Benjamin	Markert Gruppe	GER-SH	M-20	00:48:54	53
318	887	00:49:36	Eggert	Johann		GER-SH	M-20	00:48:50	54
319	289	00:49:37	Kowsky	Jörg	Kowsky Lauf Team	GER-SH	M-50	00:49:29	37
320	241	00:49:37	Suslov	Alexander	FEK - Team	GER-SH	M-20	00:49:01	55
321	851	00:49:41	Runge	Dirk	Sauer-Danfoss Neumünster	GER-SH	M-20	00:49:30	56
322	161	00:49:42	Golz	Kai	Baugenossenschaft Holstein	GER-SH	M-45	00:49:12	66
323	1062	00:49:43	Slozynski	Sascha			M-40	00:48:47	64
324	237	00:49:44	Richter	Matthias	FEK - Team	GER-SH	M-55	00:48:27	18
325	971	00:49:45	Schnoor	Kai	Team Transcoject	GER-SH	M-45	00:49:21	67
326	605	00:49:54	Birkert	Björn	Shanghai-Team	GER-SH	M-35	00:49:23	28
327	594	00:49:56	Hanse	Dr. Jochen		GER-SH	M-60	00:49:09	6
328	147	00:49:56	Zdunneck	Reiner		GER-SH	M-55	00:49:40	19
329	477	00:49:57	Lage	Marc-Philipp	Walther-Lehmkuhl-Schule	GER-SH	M-JA	00:49:42	7
330	299	00:49:59	Keller	Rolf	LG BMI	GER-SH	M-50	00:49:42	38
331	42	00:50:01	Grube	Jens		GER-SH	M-40	00:49:08	65
332	266	00:50:04	Kestner	Ulf	GE Consumer & Industrial	GER-SH	M-45	00:48:25	68
333	627	00:50:04	Knölk	Benno	SVT	GER-SH	M-65	00:49:44	2
334	859	00:50:05	Trautmann	Philipp	Markert Gruppe	GER-SH	M-20	00:48:58	57
335	251	00:50:05	Schlemmer	Frank	Firma Krebs & Suhr	GER-SH	M-40	00:48:50	66

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
336	1074	00:50:09	Schlüter	Martin	SSV Mörel		M-20	00:48:48	58
337	403	00:50:14	Kluckhuhn	Hannes	Team Krasse Herde	GER-SAC	M-20	00:48:31	59
338	194	00:50:15	Scholz Dr.	Alexander	Die Nordthopäden	GER-SH	M-40	00:49:32	67
339	193	00:50:15	Sawade Dr.	Christoph	Die Nordthopäden	GER-SH	M-45	00:49:40	69
340	89	00:50:15	Petersen	Reinhold		GER-SH	M-50	00:50:02	39
341	94	00:50:16	Pomreinke	Mike		GER-SH	M-35	00:49:53	29
342	562	00:50:17	Klenz	Oliver	SG Wift Neumünster	GER-SH	M-35	00:48:20	30
343	96	00:50:19	Prien	Detlev		GER-SH	M-45	00:48:27	70
344	894	00:50:19	Franzke	André	HolzLand Greve	GER-SH	M-40	00:49:50	68
345	365	00:50:19	Knorr	Oleg	PSV Taekwondo	GER-SH	M-30	00:49:05	25
346	867	00:50:20	Ahrens	Christian	HolzLand Greve	GER-SH	M-40	00:49:50	69
347	451	00:50:20	Mumm	Rainer	VR Bank Neumünster	GER-SH	M-45	00:48:51	71
348	607	00:50:20	Dejewski	Dirk	Shanghai-Team	GER-SH	M-35	00:50:10	31
349	1043	00:50:20	Kachel	Christian			M-20	00:49:23	60
350	959	00:50:23	Renger	Stefan		GER-SH	M-20	00:49:56	61
351	358	00:50:24	Schröder	Carsten	Polizei Tungendorf	GER-SH	M-45	00:48:28	72
352	472	00:50:25	Galle	Bernd	Walther-Lehmkuhl-Schule	GER-SH	M-45	00:49:22	73
353	853	00:50:31	Schümann	Bernd		GER-SH	M-50	00:49:38	40
354	264	00:50:35	Brandt	Torsten	GE Consumer & Industrial	GER-SH	M-45	00:48:57	74
355	302	00:50:37	Andersen	Christian	Lokomotive Wichern	GER-SH	M-45	00:50:07	75
356	526	00:50:44	Preuss	Peter		GER-SH	M-55	00:50:01	20
357	803	00:50:44	Jahns	Michael	SWN Stadtwerke Neumünster GmbH	GER-SH	M-30	00:49:51	26
358	11	00:50:45	Albrecht	Henning		GER-SH	M-20	00:49:45	62
359	590	00:50:46	Warszegow	Viktor	SGN	GER-SH	M-55	00:50:10	21
360	1087	00:50:47	Iwersen	Helmut	Baugenossenschaft Holstein	GER-SH	M-35	00:50:41	32
361	634	00:50:48	Leumann	Andreas		GER-SH	M-50	00:49:39	41
362	614	00:50:49	Fröck	Jürgen	Laufftreff Tasdorf	GER-SH	M-30	00:48:45	27
363	593	00:50:50	Schroeder	Marco		GER-SH	M-45	00:49:27	76
364	1010	00:50:51	Gleiß	Ulrich			M-35	00:49:52	33
365	196	00:50:55	Riemenschneider Dr.	Nils	DRK Fachklinik Hahnknüll	GER-HAM	M-40	00:50:17	70
366	703	00:50:55	Beier	Martin		GER-SH	M-35	00:49:47	34
367	84	00:50:57	Möller	Joachim		GER-SH	M-SA	00:49:40	7
368	249	00:50:59	Rathje	Sven	Firma Krebs & Suhr	GER-SH	M-40	00:50:44	71
369	962	00:51:01	Runge	Wolfgang		GER-SH	M-45	00:50:02	77
370	1057	00:51:06	Jaschinski	Holger	Elia Gemeinde Holstein		M-40	00:50:06	72
371	433	00:51:07	Knops	Volker	TSV Wankendorf	GER-SH	M-40	00:50:50	73
372	435	00:51:10	Dolle	Ingo	TUS Borstel	GER-SH	M-45	00:50:09	78
373	692	00:51:13	Voges	Marc		GER-SH	M-40	00:49:36	74
374	412	00:51:14	Althof	Dennys	TOR SERVICE NORD	GER-SH	M-20	00:49:29	63
375	944	00:51:14	Mehrländer	Dr.Kai Florian		GER-SH	M-35	00:50:16	35
376	400	00:51:15	Brandherm	Horst	SVT / VCN	GER-SH	M-45	00:50:55	79
377	122	00:51:20	Stegemann	Holger		GER-SH	M-45	00:49:28	80
378	1067	00:51:22	v. Samson-Himmelstein	Toni			M-20	00:51:15	64
379	169	00:51:25	Schröder	Torsten	Baugenossenschaft Holstein	GER-SH	M-35	00:49:50	36
380	829	00:51:26	Hoffmann	Mats-Niclas	Sauer-Danfoss Neumünster	GER-SH	M-20	00:51:07	65
381	646	00:51:26	Müller	Thomas	HSV Fanclub Neumünster	GER-SH	M-45	00:50:41	81
382	854	00:51:27	Schurbohm	Henrik	Sauer-Danfoss Neumünster	GER-SH	M-JA	00:50:56	8
383	104	00:51:28	Sander	Andreas		GER-SH	M-45	00:51:02	82
384	742	00:51:31	Walter	Timo		GER-SH	M-35	00:50:33	37
385	320	00:51:36	Behmerburg	Daniel	O.t.n Laulfabor	GER-SH	M-JA	00:50:08	9

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
386	397	00:51:38	Rohloff	Karl-Heinz	SV Wasbek	GER-SH	M-55	00:48:38	22
387	686	00:51:39	Hauschildt	Bosse	Hilberling GmbH	GER-SH	M-SA	00:50:56	8
388	87	00:51:40	Orlen	Artur		GER-SH	M-45	00:51:16	83
389	751	00:51:42	Ihloff	Dennis	Polizei SV Neumünster	GER-SH	M-40	00:51:22	75
390	938	00:51:42	Liedtke	Norbert		GER-SH	M-40	00:51:22	76
391	115	00:51:45	Schramm	Klaus-Peter		GER-SH	M-55	00:50:44	23
392	980	00:51:47	Stolpe	Edgar		GER-SH	M-55	00:50:45	24
393	1020	00:51:47	Borau	Roland	FEK		M-40	00:51:10	77
394	29	00:51:48	Ducho	Dirk		GER-SH	M-35	00:50:59	38
395	36	00:51:49	Gahn	Adamo		GER-SH	M-30	00:51:31	28
396	232	00:51:50	Mohammad	Josef	FEK - Team	GER-SH	M-20	00:51:40	66
397	606	00:51:54	Boldt	Christoph	Laufftreff Tasdorf	GER-SH	M-35	00:50:32	39
398	326	00:51:54	Franke	Heiko	O.t.n Lauflabor	GER-SH	M-20	00:50:56	67
399	568	00:51:56	Weiß	Uwe	Berufsfeuerwehr Neumünster	GER-SH	M-45	00:51:03	84
400	252	00:51:57	Schubert	Henry	Firma Krebs & Suhr	GER-SH	M-40	00:51:42	78
401	271	00:51:57	Finkbeiner	Samuel	Grund- und Regionalschule Einfeld	GER-SH	M-SB	00:50:56	4
402	632	00:51:59	Kuhn	Dieter	Gettorfer TV	GER-SH	M-45	00:51:30	85
403	51	00:52:00	Hoffmann	Jörg		GER-SH	M-40	00:50:50	79
404	124	00:52:00	Strauß	Steffan		GER-SH	M-30	00:51:08	29
405	458	00:52:01	Schümann	Andreas	VR Bank Neumünster	GER-SH	M-45	00:51:35	86
406	30	00:52:05	Knoblich	Martin		GER-SH	M-35	00:51:04	40
407	864	00:52:08	Lauch	Markus		GER-SH	M-35	00:50:56	41
408	972	00:52:13	Schnoor	Marko	LTV Kiel-Ost	GER-SH	M-40	00:51:34	80
409	112	00:52:19	Schoch	Torsten		GER-SH	M-45	00:50:23	87
410	908	00:52:19	Hartenstein	Volker		GER-SH	M-40	00:51:59	81
411	570	00:52:20	Hennig	Stefan	Berufsfeuerwehr Neumünster	GER-SH	M-40	00:50:59	82
412	491	00:52:21	Wehmeyer	Carsten	Walther-Lehmkuhl-Schule	GER-SH	M-40	00:51:16	83
413	56	00:52:22	Kekeritz	Timm		GER-BER	M-30	00:52:07	30
414	954	00:52:24	Pohl	Stefan		GER-SH	M-50	00:51:08	42
415	821	00:52:28	Dopcke	Frank	LT Die Fertigen	GER-SH	M-40	00:51:38	84
416	525	00:52:29	Wiegendt	Christian		GER-SH	M-35	00:52:12	42
417	572	00:52:30	Rümler	Olaf	Berufsfeuerwehr Neumünster	GER-SH	M-45	00:51:10	88
418	926	00:52:30	Keller	Rüdiger	LTV Kiel-Ost	GER-SH	M-45	00:51:47	89
419	943	00:52:32	Matzen	Eggert	SV Rickling	GER-SH	M-50	00:51:52	43
420	674	00:52:33	Schmahl	Stefan	Hilberling GmbH	GER-SH	M-40	00:51:48	85
421	880	00:52:34	Büngener	Bernd	LTV Kiel-Ost	GER-SH	M-40	00:51:03	86
422	155	00:52:34	Thomsen	Kai	Amtsgericht Neumünster	GER-SH	M-40	00:52:13	87
423	689	00:52:35	Ostermayer	Martin	Amstgericht Neumünster	GER-SH	M-40	00:52:14	88
424	390	00:52:38	Bock	Thomas	SV Bokhorst	GER-SH	M-50	00:52:10	44
425	26	00:52:39	Daniel	Dennis		GER-SH	M-30	00:51:32	31
426	231	00:52:41	Leitner von	Uwe	FEK - Team	GER-SH	M-45	00:51:24	90
427	708	00:52:48	Brühn	Philipp	TSV Gadeland	GER-SH	M-SA	00:52:14	9
428	843	00:52:49	Pape	Henning	Sauer-Danfoss Neumünster	GER-SH	M-40	00:51:36	89
429	600	00:52:49	Göttsche	Klaus		GER-SH	M-45	00:52:10	91
430	771	00:52:50	Pfauter	Robert	Kiel LTV-Ost	GER-SH	M-40	00:52:16	90
431	915	00:52:52	Jagst	Stefan	LT Die Fertigen	GER-SH	M-40	00:52:02	91
432	597	00:52:54	Tuttas	Gerhard	Run u. Fun	GER-SH	M-60	00:52:01	7
433	567	00:52:54	Stojanovic	Marco	SV Tungendorf	GER-SH	M-35	00:52:54	43
434	1005	00:52:57	Heinke	Thies			M-40	00:52:40	92
435	54	00:52:58	Hühn	Benjamin		GER-SH	M-30	00:51:51	32
436	2327	00:52:59	Pollak	Dominik	Cursor Collegium	GER-SH	M-SA	00:52:42	10

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Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
437	501	00:53:06	Henner	Marco		GER-SH	M-40	00:51:44	93
438	31	00:53:08	Emke	Rudolf		GER-SH	M-60	00:52:47	8
439	601	00:53:09	Ackermann	Kai		GER-SH	M-40	00:51:48	94
440	295	00:53:11	Prühs	Christopher	Kowsky Lauf Team	GER-SH	M-JB	00:51:42	7
441	21	00:53:12	Bielenberg	Volker		GER-SH	M-45	00:52:01	92
442	756	00:53:12	Heitmann	Jörn		GER-SH	M-45	00:51:23	93
443	1003	00:53:20	Kuck	Volker			M-45	00:51:37	94
444	645	00:53:24	Möldner	Jürgen	Shanghai-Team	GER-SH	M-45	00:52:53	95
445	409	00:53:26	Weichler	Björn	Team Michel Meisterhaus GmbH	GER-SH	M-40	00:52:10	95
446	640	00:53:26	Martinsen	Rolf-Dieter		GER-SH	M-60	00:52:29	9
447	473	00:53:27	Hein	Alexander	Walther-Lehmkuhl-Schule	GER-SH	M-20	00:52:21	68
448	384	00:53:27	Kock	Jörn	Sport-Legerstenieker	GER-SH	M-45	00:52:03	96
449	592	00:53:28	Hausbrich	Jürgen		GER-SH	M-40	00:51:49	96
450	135	00:53:28	Voß	Dierk-Otto		GER-SH	M-50	00:52:33	45
451	83	00:53:33	Möller	Dirk		GER-SH	M-35	00:52:13	44
452	992	00:53:38	Wulf	Jens	TV Trappenkamp	GER-SH	M-40	00:52:56	97
453	784	00:53:44	Hajzeri	Dukagjin	Body & Soul Fitnessclub	GER-SH	M-20	00:53:11	69
454	885	00:53:46	Duma	Marius		GER-SH	M-40	00:52:30	98
455	747	00:53:47	Ganz	Jörg	Run u. Fun	GER-SH	M-65	00:52:56	3
456	317	00:53:48	Frank	Sven	MTV Segeberg	GER-SH	M-35	00:51:51	45
457	976	00:53:54	Seibel	Martin		GER-SH	M-30	00:52:19	33
458	149	00:53:56	Burmeister	Florian	Amtsgericht Neumünster	GER-SH	M-40	00:53:42	99
459	545	00:53:57	Wedemyer	Phillip	Athletik Klub Ultra	GER-SH	M-20	00:53:25	70
460	702	00:53:58	Donath	Jens		GER-SH	M-40	00:52:49	100
461	407	00:53:59	Kipcke	Ulf	Team Michel Meisterhaus GmbH	GER-SH	M-45	00:52:45	97
462	422	00:53:59	Mattig	Horst	TSV Altenholz/Lauftreff	GER-SH	M-55	00:53:23	25
463	551	00:54:01	Fabian	Helmut		GER-SH	M-50	00:53:05	46
464	780	00:54:04	Heinrich	Stefan		GER-SH	M-35	00:52:51	46
465	732	00:54:09	Trede	Werner	Lauftreff Tasdorf	GER-SH	M-50	00:53:24	47
466	921	00:54:10	Jensen	Joscha	Posaunenchor Bokhorst	GER-SH	M-20	00:52:49	71
467	270	00:54:14	Dethlefsen	Sören	Grund- und Regionalschule Einfeld	GER-SH	M-SA	00:53:23	11
468	989	00:54:16	Weber	Tobias		GER-SH	M-35	00:53:44	47
469	493	00:54:18	Kluckhuhn	Andreas	Wintersportfreunde Schleswig-Holstein e.V.	GER-SH	M-60	00:52:58	10
470	907	00:54:18	Harken	Joachim	VFL Wolfsburg	GER-SH	M-60	00:53:34	11
471	7	00:54:21	Aagaard	Michael		GER-SH	M-35	00:52:38	48
472	681	00:54:22	Hauschildt	Jan	Hilberling GmbH	GER-SH	M-35	00:53:38	49
473	500	00:54:25	Wagner	Rolf	VR Bank Neumünster	GER-SH	M-50	00:53:51	48
474	59	00:54:27	Klan	Walter		GER-SH	M-55	00:53:19	26
475	749	00:54:28	Zastrow	Stefan		GER-SH	M-45	00:53:35	98
476	90	00:54:29	Pichlmeier	Frank		GER-SH	M-40	00:53:48	101
477	185	00:54:36	Willer	Hauke	Debeka Versicherung	GER-SH	M-40	00:53:16	102
478	85	00:54:40	Nowitzki	Tobias		GER-HAM	M-20	00:53:17	72
479	1085	00:54:40	Belz	Jörg-Peter			M-45	00:52:54	99
480	1004	00:54:43	Hartmann	Fynn			M-SA	00:53:01	12
481	121	00:54:44	Siewert	Ingo		GER-SH	M-55	00:53:31	27
482	226	00:54:46	Jepsen	Markus	FEK - Team	GER-SH	M-40	00:53:41	103
483	261	00:54:46	Reiswig	Georg	Fröbelschule	GER-SH	M-JA	00:53:51	10
484	1017	00:54:50	Runge	Karl			M-60	00:52:57	12
485	260	00:54:55	Reese	Patrick	Fröbelschule	GER-SH	M-SA	00:53:57	13

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
486	675	00:54:59	Friederichs	Herbert		GER-SH	M-40	00:54:37	104
487	1048	00:55:07	Lesky	Kurt			M-65	00:54:45	4
488	952	00:55:11	Ohlerich	Maik		GER-SH	M-40	00:53:15	105
489	214	00:55:11	Ripp	Sönke	FC Torpedo	GER-SH	M-40	00:53:16	106
490	78	00:55:18	Lill	Stephan		GER-SH	M-40	00:54:32	107
491	369	00:55:21	Krentz	Helge	Ruderclub Flensburg	GER-SH	M-70	00:55:01	5
492	1034	00:55:22	Ludwig	Carsten	Agentur für Arbeit Neumünster		M-40	00:54:00	108
493	813	00:55:32	Zouari	Hamadi	SV Tungendorf	GER-SH	M-30	00:55:01	34
494	183	00:55:35	Eberlein	Johann	Da blüh ich auf	GER-SH	M-JA	00:55:01	11
495	380	00:55:39	Wartig	Jörn	SGR Schleswig	GER-SH	M-30	00:54:35	35
496	274	00:55:39	Eberlein	Jan	Hamburger SV Triathlon	GER-SH	M-45	00:55:01	100
497	536	00:55:42	Jessen	Roland		GER-SH	M-50	00:55:16	49
498	542	00:55:44	Dallmann	Dominik		GER-SH	M-JB	00:55:08	8
499	166	00:55:45	Oelze	Stephan	Baugenossenschaft Holstein	GER-SH	M-35	00:54:09	50
500	839	00:55:47	Lohmann	Olaf	Markert Gruppe	GER-SH	M-45	00:54:11	101
501	423	00:55:49	Olbrich	Rüdiger	TSV Bordesholm	GER-SH	M-45	00:54:14	102
502	523	00:55:49	Meissner	Axel	Amstgericht Neumünster	GER-SH	M-55	00:54:33	28
503	811	00:55:51	Groffmann	Christian	SV Tungendorf	GER-SH	M-30	00:55:13	36
504	774	00:55:52	Thoma	Armin	SG Wift Neumünster	GER-SH	M-40	00:53:55	109
505	881	00:55:52	Clasen	Bernd		GER-SH	M-45	00:54:25	103
506	450	00:55:55	Müller	Bodo	VR Bank Neumünster	GER-SH	M-40	00:54:19	110
507	995	00:55:55	Steen	Marcus		M-40	00:54:18	111	
508	278	00:55:56	Gehrke	Thorsten	Ingenieurbüro Thorsten Gehrke	GER-SH	M-45	00:54:38	104
509	246	00:55:57	Ahmling	Armin	Firma Krebs & Suhr	GER-SH	M-40	00:55:42	112
510	694	00:55:59	Rotz	Reinhardt		GER-SH	M-60	00:55:39	13
511	929	00:56:05	Koch	Stefan	Hans Wagner Running Team	GER-SH	M-40	00:54:27	113
512	835	00:56:11	Krebs	Malte	Sauer-Danfoss Neumünster	GER-SH	M-30	00:55:18	37
513	738	00:56:12	Zimny	Marco	SV Tungendorf	GER-SH	M-35	00:54:57	51
514	736	00:56:12	Wiskow	Michel	TSV Göggingen	GER-BAY	M-35	00:54:57	52
515	757	00:56:16	Schümann	Thomas		GER-SH	M-45	00:55:12	105
516	812	00:56:18	Rinken	Thomas	SV Tungendorf	GER-SH	M-35	00:55:40	53
517	455	00:56:24	Rathje	Kay	VR Bank Neumünster	GER-SH	M-40	00:55:18	114
518	485	00:56:28	Schirber	Oliver	Walther-Lehmkuhl-Schule	GER-SH	M-45	00:55:08	106
519	265	00:56:35	Kaminski	Andreas	GE Consumer & Industrial	GER-SH	M-45	00:54:57	107
520	671	00:56:39	Krützfeldt	Tim		GER-SH	M-35	00:55:44	54
521	555	00:56:40	Sump	Sigurd	LG Neumünster	GER-SH	M-70	00:56:25	6
522	560	00:56:43	Göttsche	Marco	SG Wift Neumünster	GER-SH	M-20	00:54:40	73
523	66	00:56:43	Kopp	Malte		GER-SH	M-20	00:54:41	74
524	683	00:56:43	Peters	Rolf	Hilberling GmbH	GER-SH	M-50	00:55:58	50
525	633	00:56:43	Laatsch	Marcus		GER-SH	M-35	00:55:38	55
526	69	00:56:46	Kunze	Torsten		GER-SH	M-45	00:56:00	108
527	387	00:56:46	Papenfuss	Jörg	Suchsdorfer SV	GER-SH	M-55	00:55:37	29
528	73	00:56:50	Lemke	Vincent Fabian		GER-SH	M-SC	00:56:08	2
529	71	00:56:51	Lemke	Thomas		GER-SH	M-35	00:56:09	56
530	832	00:56:56	Kleingarn	Christoph	Sauer-Danfoss Neumünster	GER-SH	M-JA	00:56:24	12
531	81	00:56:58	Matthieu	Oliver		GER-SH	M-35	00:55:23	57
532	604	00:57:00	Becker	Ulrich	SG TSV Kronshagen / Kieler TB	GER-SH	M-60	00:56:03	14
533	979	00:57:01	Stein	Mario	Tietgen Haustechnik GmbH	GER-SH	M-45	00:56:13	109
534	967	00:57:03	Schier	Majo		GER-SH	M-40	00:56:13	115
535	556	00:57:04	Riggert	Wolfgang	TSV Bordesholm	GER-SH	M-60	00:56:43	15
536	53	00:57:07	Höpner	Michael		GER-SH	M-45	00:56:23	110

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
537	117	00:57:11	Schulz	Jörg		GER-SH	M-40	00:55:44	116
538	1077	00:57:14	Gross	Gion-Pitschen	Neumag		M-30	00:55:21	38
539	33	00:57:15	Erkens	Ralf		GER-HAM	M-45	00:56:07	111
540	684	00:57:17	Stooß	Andreas	Hilberling GmbH	GER-SH	M-45	00:56:31	112
541	910	00:57:17	Hein	Andreas		GER-SH	M-45	00:56:52	113
542	177	00:57:23	Kullig	Michael	BSG Sparkasse-Südholstein	GER-SH	M-30	00:55:53	39
543	475	00:57:29	Kröger	Malte	Walther-Lehmkuhl-Schule	GER-SH	M-20	00:56:28	75
544	642	00:57:37	Mischke	Patrick		GER-SH	M-30	00:57:12	40
545	986	00:57:38	Velovic	Adzi		GER-SH	M-20	00:57:14	76
546	247	00:57:41	Förster	Stefan	Firma Krebs & Suhr	GER-SH	M-30	00:57:27	41
547	857	00:57:41	Theis	Martin		GER-SH	M-20	00:57:16	77
548	968	00:57:44	Schildknecht	Jens		GER-SH	M-60	00:57:03	16
549	143	00:57:45	Wohlert	Roger		GER-NRW	M-40	00:56:17	117
550	953	00:57:45	Paepke	Martin	Daldorfer SV	GER-SH	M-35	00:57:02	58
551	620	00:57:46	Harder	Manfred	Neuhaus Immobilien	GER-SH	M-50	00:56:03	51
552	146	00:57:47	Wrobel	Wolfgang		GER-SH	M-50	00:56:27	52
553	2332	00:57:48	Handel	Marcel		GER-SH	M-JA	00:56:53	13
554	836	00:57:50	Lage	Heiko	Sauer-Danfoss Neumünster	GER-SH	M-35	00:57:41	59
555	258	00:57:51	Schlüter	Jörg	Freiwillige Feuerwehr Tungendorf - Dorf	GER-SH	M-45	00:56:40	114
556	441	00:57:53	Berends	Jörg	VR Bank Neumünster	GER-SH	M-35	00:56:36	60
557	352	00:57:53	Omland	Christoph	Poco Domäne	GER-SH	M-JA	00:56:03	14
558	728	00:57:54	Steinmann	Matthias	Adventgemeinde Neumünster	GER-SH	M-45	00:56:16	115
559	1045	00:57:55	Schoch	Jan			M-20	00:56:00	78
560	395	00:57:57	Korn	Matthias	SV Tungendorf	GER-SH	M-45	00:56:04	116
561	474	00:58:08	Jensen	Lars	Walther-Lehmkuhl-Schule	GER-SH	M-20	00:56:42	79
562	319	00:58:13	Borgert	Michael		GER-SH	M-45	00:56:59	117
563	1013	00:58:13	Hahn	Sönke			M-45	00:57:23	118
564	516	00:58:13	Braun	Dieter	BSG Sparkasse Südholstein	GER-SH	M-50	00:56:49	53
565	240	00:58:13	Schneider	Benjamin	FEK - Team	GER-SH	M-20	00:58:04	80
566	679	00:58:14	Rintermann	Andreas		GER-SH	M-45	00:57:25	119
567	720	00:58:14	Rintermann	Hendrik		GER-SH	M-SA	00:57:25	14
568	179	00:58:15	Jusko	Stefan	Bundespolizeirevier Neumünster	GER-SH	M-45	00:56:48	120
569	101	00:58:19	Röhe	Helge		GER-SH	M-40	00:57:31	118
570	133	00:58:26	Volkening	Markus		GER-SH	M-40	00:56:33	119
571	678	00:58:29	Hahn	Julian-Alexander		GER-SH	M-20	00:57:28	81
572	677	00:58:29	Schwenck	Jesse		GER-SH	M-SA	00:58:04	15
573	367	00:58:30	Mischke	Marcel	PSV Taekwondo	GER-SH	M-20	00:57:15	82
574	86	00:58:31	Schwenck	Maik		GER-SH	M-45	00:58:05	121
575	644	00:58:31	Mohr	Andy		GER-SH	M-35	00:57:15	61
576	496	00:58:33	Koppe	Wulf	Polizei SV Neumünster	GER-SH	M-70	00:56:37	7
577	35	00:58:37	Fittschen	Thomas		GER-SH	M-35	00:57:17	62
578	521	00:58:37	Kraft	Fabian		GER-SH	M-SA	00:57:07	16
579	323	00:58:42	Fehlandt	Paul	O.t.n Laulfabor	GER-SH	M-SB	00:57:55	5
580	818	00:58:42	Bredenkamp	Sönke	Rechtsanwaltskanzlei Bredenkamp	GER-SH	M-35	00:57:55	63
581	481	00:58:45	Petersen-Delfs	Frank	Walther-Lehmkuhl-Schule	GER-SH	M-50	00:57:10	54
582	305	00:58:46	Kekeritz	Uwe	Lokomotive Wichern	GER-SH	M-55	00:58:25	30
583	999	00:58:50	Busdorht	Sven			M-SA	00:57:19	17
584	743	00:59:01	Riehl	Ralph		GER-SH	M-60	00:57:57	17
585	410	00:59:04	Bohn	Hugo	THC Altona-Bahrenfeld	GER-HAM	M-65	00:58:26	5

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
586	928	00:59:10	Kleist	Andreas		GER-SH	M-20	00:57:44	83
587	617	00:59:14	Grimmelsmann	Gerhard	Lauftreff Tasdorf	GER-SH	M-65	00:57:21	6
588	764	00:59:21	Lobach	Frank	Neuhaus Immobilien	GER-SAR	M-65	00:57:33	7
589	331	00:59:31	Nasikanan	Andrej	O.t.n Lauflabor	GER-SH	M-40	00:58:55	120
590	297	00:59:35	Techau	Jens	Lauftreff Nortorf Land	GER-SH	M-50	00:57:57	55
591	714	00:59:40	Kurtoglu	Cenk	Schiedsrichter Gruppe Neumünster	GER-SH	M-SA	00:57:55	18
592	715	00:59:40	Kurtoglu	Zafer	Schiedsrichter Gruppe Neumünster	GER-SH	M-40	00:57:56	121
593	719	00:59:41	Stegelmann	Tobias	Schiedsrichter Gruppe Neumünster	GER-SH	M-20	00:58:01	84
594	716	00:59:42	Gries	Yannik	Schiedsrichter Gruppe Neumünster	GER-SH	M-JB	00:58:00	9
595	712	00:59:42	Wiese	Stefan	Schiedsrichter Gruppe Neumünster	GER-SH	M-40	00:58:00	122
596	717	00:59:42	Peatau	Kai	Schiedsrichter Gruppe Neumünster	GER-SH	M-45	00:58:03	122
597	711	00:59:43	Gastrock	Aslan	Schiedsrichter Gruppe Neumünster	GER-SH	M-35	00:57:59	64
598	713	00:59:43	Brauer	Ken	Schiedsrichter Gruppe Neumünster	GER-SH	M-JB	00:57:59	10
599	709	00:59:43	Schmidt	Falk	Schiedsrichter Gruppe Neumünster	GER-SH	M-JA	00:58:02	15
600	718	00:59:43	Yilmaz	Hakan	Schiedsrichter Gruppe Neumünster	GER-SH	M-JA	00:57:58	16
601	1069	00:59:43	Arndt	Detlef	VR NMS		M-40	00:58:47	123
602	509	00:59:45	Stüber	Stefan	Polizei SV Neumünster	GER-SH	M-40	00:57:42	124
603	346	00:59:59	Wallus	Reiner	O.t.n Lauflabor	GER-SH	M-45	00:59:13	123
604	888	01:00:09	Dalgas	Axel	Druck&Repro	GER-SH	M-50	00:58:41	56
605	752	01:00:09	Schnee	Reinhard	Sportpark ARENA	GER-SH	M-60	00:58:14	18
606	467	01:00:10	Bitzer	Andreas	Walther-Lehmkuhl-Schule	GER-SH	M-35	00:58:10	65
607	138	01:00:17	Wegner	Kay Uwe		GER-SH	M-45	00:59:53	124
608	118	01:00:18	Schumacher	Eckhart		GER-SH	M-55	01:00:18	31
609	748	01:00:18	Krick	Patrick	Fahrzeug Galerie Boostedt	GER-SH	M-30	00:58:44	42
610	744	01:00:18	Matthiev	Rene	Fahrzeug Galerie Boostedt	GER-SH	M-30	00:58:44	43
611	304	01:00:19	Kaiser	Stephan	Lokomotive Wichern	GER-SH	M-40	00:59:31	125
612	442	01:00:20	Böhme	Lars	VR Bank Neumünster	GER-SH	M-35	00:59:45	66
613	452	01:00:20	Münster	Andreas	VR Bank Neumünster	GER-SH	M-35	00:59:45	67
614	654	01:00:24	Rock	Timo		GER-SH	M-20	00:58:24	85
615	19	01:00:25	Bartolitus	Lennart		GER-MVP	M-20	00:59:09	86
616	140	01:00:27	Willuweit	Martin		GER-SH	M-40	00:59:03	126
617	1028	01:00:29	Scheer	Frank			M-45	00:59:17	125
618	492	01:00:30	Wendt	Sören	Walther-Lehmkuhl-Schule	GER-SH	M-JA	01:00:15	17
619	50	01:00:37	Hinrichsen	Peter		GER-SH	M-50	00:59:46	57
620	456	01:00:41	Schanze	Wolfgang	VR Bank Neumünster	GER-SH	M-60	01:00:20	19
621	581	01:00:42	Andersen	Sören	Oerlikon-Neumag	GER-SH	M-45	00:58:41	126
622	318	01:00:49	Strauer	Jan	MTV Segeberg	GER-SH	M-35	00:58:50	68
623	513	01:00:50	Wilke	Max		GER-SH	M-60	01:00:21	20
624	580	01:00:52	Schönnagel	Bernhard	Oerlikon-Neumag	GER-SH	M-60	00:59:24	21
625	760	01:01:01	Eilenstein	Sven		GER-SH	M-55	01:00:05	32
626	408	01:01:07	Michel	Bernd	Team Michel Meisterhaus GmbH	GER-SH	M-50	00:59:51	58
627	459	01:01:08	Schümann	Rainer	VR Bank Neumünster	GER-SH	M-55	01:00:42	33
628	1031	01:01:08	Steffen	Mario			M-40	00:59:32	127
629	375	01:01:12	Henning	Uwe	SG Stern	GER-NRW	M-45	00:59:38	127

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
630	312	01:01:18	Hintze	Lothar	LTV Kiel-Ost	GER-SH	M-65	01:00:15	8
631	651	01:01:24	Rehbehn	Martin			M-20	01:00:27	87
632	847	01:01:26	Ramm	Armin	Sauer-Danfoss Neumünster	GER-SH	M-JA	01:00:54	18
633	1046	01:01:29	Gasiorek	Dawid			M-20	01:00:27	88
634	806	01:01:33	Handel	Stefan		GER-SH	M-35	00:59:42	69
635	223	01:01:35	Esders	Klaus	FEK - Team	GER-SH	M-50	01:00:24	59
636	40	01:01:35	Girlach	Steffen		GER-SH	M-50	00:59:44	60
637	200	01:01:36	Zerbig	Hans Joachim	DRK Fachklinik Hahnknüll	GER-HAM	M-60	01:00:28	22
638	819	01:01:38	Bredenkamp	Christian		GER-SH	M-40	01:00:51	128
639	682	01:01:38	Hüttmann	Maik	Hilberling GmbH	GER-SH	M-30	01:00:54	44
640	396	01:01:40	Stölting	Peter	SV Tungendorf/Tennisabteilung	GER-SH	M-70	01:01:00	8
641	1089	01:01:46	Schlieka	Volker			M-55	00:59:50	34
642	353	01:01:51	Petersen	Benjamin	Poco Domäne	GER-SH	M-20	01:00:00	89
643	517	01:02:08	Leptien	Hans-Jürgen	BSG Sparkasse Südholstein	GER-SH	M-60	01:00:38	23
644	507	01:02:20	Reimers	Jan-Paul	Polizei SV Neumünster	GER-SH	M-40	01:00:44	129
645	589	01:02:25	Möller	Manfred		GER-SH	M-65	01:00:34	9
646	309	01:02:36	Stolle	Bernd	Lokomotive Wichern	GER-SH	M-50	01:01:39	61
647	1042	01:02:53	Wirth	Bodo			M-50	01:00:55	62
648	761	01:02:53	Neuhaus	Thorsten	Neuhaus Immobilien	GER-SH	M-40	01:01:08	130
649	394	01:02:57	Woroniak	Hans-Otto	SV Rickling	GER-SH	M-65	01:01:45	10
650	609	01:02:59	Dramburg	Andreas	Adventgemeinde Neumünster	GER-SH	M-50	01:01:15	63
651	499	01:03:06	Clausen	Björn	VR Bank Neumünster	GER-SH	M-50	01:02:09	64
652	660	01:03:08	Voss	Dieter	DAK-Team	GER-SH	M-50	01:02:02	65
653	478	01:03:16	Martens	Marvin	Walther-Lehmkuhl-Schule	GER-SH	M-JA	01:01:27	19
654	1059	01:03:16	Lullies	Hartmut			M-60	01:02:10	24
655	402	01:03:16	Kiep	Rainer	Tauchsportgruppe Neumünster e.V.	GER-SH	M-50	01:01:53	66
656	404	01:03:19	Renkosik	Niko	Team Krasse Herde	SUI	M-20	01:01:47	90
657	79	01:03:19	Lindner	Abbi		GER-SH	M-50	01:01:35	67
658	510	01:03:30	Damann	Jürgen		GER-SH	M-55	01:01:33	35
659	12	01:03:41	Andresen	Manfred		GER-SH	M-65	01:02:36	11
660	1071	01:03:45	Brüggen	Wolfgang	SC Gut Heil NMS		M-55	01:02:30	36
661	308	01:03:46	Normann	Frank	Lokomotive Wichern	GER-HAM	M-45	01:02:49	128
662	667	01:03:47	Blöcker	Oliver		GER-SH	M-40	01:02:56	131
663	453	01:03:48	Peters	Klaus-Jürgen	VR Bank Neumünster	GER-SH	M-55	01:02:52	37
664	257	01:03:49	Röstel	Leif - Peer	Freiwillige Feuerwehr Tungendorf - Dorf	GER-SH	M-20	01:02:39	91
665	578	01:03:52	Schulz	Christian	EDEKIDS	GER-SH	M-20	01:02:12	92
666	577	01:03:53	Schade	Henrik	EDEKIDS	GER-SH	M-20	01:02:12	93
667	268	01:04:34	Müller	Joachim	GE Consumer & Industrial	GER-SH	M-50	01:02:51	68
668	704	01:04:41	Pahl	Uwe		GER-SH	M-50	01:02:42	69
669	1086	01:04:48	Stange	Joachim			M-45	01:03:12	129
670	152	01:04:54	Speiser	Reinhard	Amtsgericht Neumünster	GER-SH	M-50	01:04:27	70
671	209	01:04:56	Mademann	Heinz	Fachklinik Aukrug	GER-SH	M-50	01:03:01	71
672	988	01:05:00	Warnke	Jens	SV Bönebüttel/Husberg	GER-SH	M-45	01:04:12	130
673	202	01:05:03	Bleiss	Tommy	Edeka Burmeister	GER-SH	M-20	01:04:07	94
674	350	01:05:04	Hirschberger	Christian	Poco Domäne	GER-SH	M-20	01:03:13	95
675	349	01:05:04	Bressler	Foke	Poco Domäne	GER-SH	M-20	01:03:14	96
676	465	01:05:13	Albers	Eric	Walther-Lehmkuhl-Schule	GER-SH	M-30	01:03:54	45
677	100	01:05:14	Rippen	Frank		GER-SH	M-35	01:03:54	70
678	203	01:05:18	Burmeister	Wolfgang	Edeka Burmeister	GER-SH	M-40	01:04:20	132
679	471	01:05:21	Frischmann	Jon-Ole	Walther-Lehmkuhl-Schule	GER-SH	M-20	01:03:51	97

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf M

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
680	126	01:05:26	Szonn	Christoph		GER-SH	M-40	01:03:30	133
681	486	01:05:29	Schmidtchen	Dennis	Walther-Lehmkuhl-Schule	GER-SH	M-20	01:03:39	98
682	974	01:05:52	Schumburg	Jannek		GER-SH	M-20	01:05:09	99
683	330	01:06:08	Müller	Wulf	O.t.n Laufflabor	GER-SH	M-40	01:05:20	134
684	949	01:06:16	Napieralla	Fabian	HolzLand Greve	GER-SH	M-20	01:05:47	100
685	236	01:06:19	Ribbat	Jochen	FEK - Team	GER-SH	M-45	01:05:10	131
686	443	01:06:21	Clausen	Sven	VR Bank Neumünster	GER-SH	M-20	01:05:24	101
687	648	01:06:22	Plaumann-Bastian	Michael	J.O. Bau Team	GER-SH	M-45	01:05:42	132
688	723	01:06:23	Sander	Fiete	J.O. Bau Team	GER-SH	M-40	01:05:43	135
689	1052	01:06:35	Schlüter	Christian	LG Dosenmoor		M-50	01:05:24	72
690	932	01:07:04	Krumm	Martin	EKN	GER-SH	M-45	01:05:34	133
691	483	01:07:19	Reds	Norbert	Walther-Lehmkuhl-Schule	GER-SH	M-20	01:05:30	102
692	482	01:07:20	Przynosch	Patrick	Walther-Lehmkuhl-Schule	GER-SH	M-20	01:05:31	103
693	685	01:07:30	Horn	Rhaidar	Hilberling GmbH	GER-SH	M-40	01:06:08	136
694	469	01:07:39	Dahm	Jannick	Walther-Lehmkuhl-Schule	GER-SH	M-JA	01:06:13	20
695	107	01:07:40	Scheer	Thomas		GER-SH	M-40	01:06:28	137
696	1066	01:08:15	Martens	Peter			M-45	01:06:47	134
697	250	01:08:59	Schlemmer	Karl-Heinz	Firma Krebs & Suhr	GER-SH	M-65	01:08:06	12
698	129	01:09:01	Trutschel	Christian		GER-SH	M-50	01:07:04	73
699	1029	01:09:38	Heinrichsen	Karl-Heinz	Blau-Weiß-Buchholz		M-55	01:08:54	38
700	527	01:09:58	Tharichm	Frank		GER-SH	M-50	01:08:54	74
701	385	01:10:08	Rößler	Hellmuth	Sportspaß Hamburg	GER-SH	M-80	01:09:03	1
702	844	01:10:56	Paszak	Michael	Sauer-Danfoss Neumünster	GER-SH	M-30	01:10:03	46
703	755	01:11:14	Thormählen	Wolfgang	Sadt Neumünster	GER-SH	M-55	01:09:11	39
704	1040	01:11:50	Leimbach	Andreas			M-45	01:10:49	135
705	355	01:12:29	Steiner	Tim	Poco Domäne	GER-SH	M-20	01:10:39	104
706	827	01:13:36	Hirt	Dieter	Sauer-Danfoss Neumünster	GER-SH	M-55	01:12:45	40
707	282	01:14:01	Künnecke	Florian	Ingenieurbüro Thorsten Gehrke	GER-SH	M-JA	01:12:42	21
708	279	01:14:01	Gehrke	Laurin	Ingenieurbüro Thorsten Gehrke		M-SB	01:12:42	6
709	17	01:15:09	Balsam	Patrick		GER-SH	M-20	01:13:48	105
710	159	01:17:36	Buhse	Olaf	Baugenossenschaft Holstein	GER-SH	M-20	01:17:30	106
711	311	01:17:51	Gronewold	Kurt	LTV Kiel-Ost	GER-SH	M-65	01:15:56	13
712	198	01:24:59	Wolff	Christian	DRK Fachklinik Hahnknüll	GER-HAM	M-45	01:23:50	136
713	354	01:25:26	Schreiber	Sven	Poco Domäne	GER-SH	M-20	01:25:26	107
714	553	01:25:27	Weisner	Sven Claus		GER-SH	M-20	01:24:01	108

Karstadt-Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
1	666	00:36:34	Tiedemann	Anke	SG TSV Kronshagen / Kieler TB	GER-SH	W-35	00:36:33	1
2	1001	00:38:27	Liedtke	Christin	LG Wedel-Pinneberg	GER-SH	W-JA	00:38:26	1
3	3	00:38:42	Pohlmann	Ruth	SG Athletico Büdelsdorf	GER-SH	W-30	00:38:40	1
4	314	00:39:45	Bähr	Daniela	Lubinus Clinicum, Kiel	GER-SH	W-35	00:39:42	2
5	4	00:42:41	Trapp	Trixi	LG POWER-Schnecken Kiel e.V.	GER-SH	W-35	00:42:36	3
6	765	00:42:54	Harder	Sarah	Neuhaus Immobilien	GER-SH	W-20	00:41:06	1
7	1033	00:45:17	Brockmüller	Anja	O.t.n Laufflabor		W-20	00:45:03	2
8	696	00:45:34	Zietan	Stefanie	SG Athletico Büdelsdorf	GER-SH	W-20	00:45:27	3
9	192	00:45:44	Sawade	Annika	Die Nordthopäden	GER-SH	W-JB	00:45:10	1

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
10	690	00:46:01	Turlon	Christina	O.t.n Lauflabor	GER-SH	W-45	00:45:46	1
11	1038	00:46:16	Rüchel	Patricia			W-20	00:45:55	4
12	669	00:46:51	Jordt	Annika	SV Todesfelde	GER-SH	W-JB	00:46:45	2
13	849	00:47:03	Roger	Mira	Sauer-Danfoss Neumünster	GER-SH	W-30	00:46:14	2
14	504	00:47:10	Hansen	Karin	O.t.n Lauflabor	GER-SH	W-50	00:46:57	1
15	243	00:47:36	Thiel	Petra	FEK - Team	GER-SH	W-20	00:47:24	5
16	882	00:47:55	Clausen	Julia		GER-SH	W-30	00:47:03	3
17	301	00:48:02	Schomaker	Ulrike	O.t.n Lauflabor	GER-SH	W-40	00:47:48	1
18	154	00:48:05	Stunz	Julia	Amtsgericht Neumünster	GER-SH	W-30	00:47:42	4
19	729	00:48:16	Straßburger-Pollak	Anne-Katrin	LT Neumünster-Ruthenberg	GER-SH	W-45	00:48:08	2
20	629	00:48:28	Korzenietz	Anja	Advertgemeinde Neumünster	GER-SH	W-45	00:47:32	3
21	153	00:48:44	Stelling	Inken	Amtsgericht Neumünster	GER-SH	W-40	00:48:31	2
22	596	00:48:54	Jessen	Birgit	Squash-Verein Neumünster	GER-SH	W-50	00:48:41	2
23	735	00:49:00	Wehling	Maike	Bela's flotte Sprotten	GER-SH	W-30	00:47:43	5
24	287	00:49:03	Salau	Jennifer	KMTV	GER-SH	W-30	00:48:45	6
25	595	00:49:37	Hanse	Miriam		GER-SH	W-20	00:48:52	6
26	506	00:49:39	Dwinger	Ilkea	O.t.n Lauflabor	GER-SH	W-40	00:49:27	3
27	734	00:49:42	Trede	Margitta	Lauftreff Tasdorf	GER-SH	W-45	00:48:59	4
28	543	00:49:47	Tidow	Katja	Gut Heil Neumünster	GER-SH	W-45	00:48:30	5
29	210	00:49:59	Pahl	Benita	Polizei SV Neumünster	GER-SH	W-JB	00:49:49	3
30	110	00:50:00	Mueller	Lea	Polizei SV Neumünster	GER-SH	W-SB	00:49:23	1
31	130	00:50:11	Umstätter	Nadine		GER-SH	W-20	00:49:53	7
32	230	00:50:33	Lange	Anja	FEK - Team	GER-SH	W-35	00:49:51	4
33	1011	00:50:50	Michalli	Vanessa			W-30	00:49:51	7
34	965	00:51:07	Sauerzweig	Berith		GER-BER	W-20	00:49:18	8
35	945	00:51:15	Mehrländer	Nadine		GER-SH	W-20	00:50:16	9
36	405	00:51:29	Birkmann	Gabriele	Team Michel Meisterhaus GmbH	GER-SH	W-50	00:50:13	3
37	665	00:51:29	Bahnsen	Kathrin	DAK-Team	GER-SH	W-40	00:50:26	4
38	904	00:51:42	Grotrian	Carolin		GER-SH	W-20	00:51:20	10
39	877	00:51:43	Brüggemann	Karen	LTV Kiel-Ost	GER-SH	W-45	00:51:05	6
40	61	00:51:43	Knops	Anja		GER-SH	W-45	00:51:31	7
41	635	00:51:49	Leumann	Silke		GER-SH	W-45	00:50:40	8
42	876	00:52:00	Brüggen	Meike		GER-SH	W-45	00:50:49	9
43	372	00:52:01	Große	Elke	SG Athletico Büdelsdorf	GER-SH	W-40	00:51:33	5
44	637	00:52:22	Lohse	Christa		GER-SH	W-55	00:51:36	1
45	272	00:52:28	Wegner	Jodie	Grund- und Regionalschule Einfeld	GER-SH	W-JB	00:51:36	4
46	770	00:52:30	Kock	Cerrin	Neuhaus Immobilien	GER-SH	W-SB	00:50:43	2
47	763	00:52:31	Christian	Lina	Neuhaus Immobilien	GER-SH	W-SA	00:50:44	1
48	1032	00:52:34	Dietrich	Ute	LG Neumünster		W-50	00:52:21	4
49	1064	00:52:45	Schröder	Birgit	SG Tantalus Kiel		W-35	00:52:04	5
50	772	00:52:49	Jebsen-Marwedel	Kathrin		GER-SH	W-45	00:52:16	10
51	80	00:52:50	Martin	Andrea		GER-SH	W-40	00:52:07	6
52	2323	00:52:52	Schulz	Birgit	SC Gut Heil Neumünster	GER-SH	W-45	00:51:19	11
53	1068	00:52:52	Schröder	Silke	elektro Schüler		W-40	00:52:18	7
54	786	00:52:55	Schipp	Maria		GER-SH	W-30	00:51:23	8
55	964	00:53:00	Saltzmann-Schnoor	Ingrid	LTV Kiel-Ost	GER-SH	W-40	00:52:21	8
56	233	00:53:10	Möller	Mareike	FEK - Team	GER-SH	W-20	00:51:58	11
57	1090	00:53:12	Drummen	Dagmar			W-50	00:51:20	5
58	113	00:53:21	Mueller	Sarah	Polizei SV Neumünster	GER-SH	W-SA	00:53:06	2

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
59	925	00:53:22	Kauper	Katharina	Theodor-Litt-Schule Neumünster	GER-SH	W-20	00:52:58	12
60	584	00:53:51	Gadewoltz	Linda		GER-SH	W-20	00:52:23	13
61	418	00:53:52	Voß	Heike	Tri Team Neumünster	GER-SH	W-40	00:53:15	9
62	290	00:54:01	Kramm	Manuela	Kowsky Lauf Team	GER-SH	W-40	00:53:29	10
63	781	00:54:04	Harzer	Nadine		GER-SH	W-30	00:52:52	9
64	371	00:54:11	Denz	Kimberly	SG - Wift Neumünster	GER-SH	W-SA	00:52:38	3
65	503	00:54:15	Endejan	Birthe		GER-SH	W-40	00:52:56	11
66	95	00:54:16	Preuß	Julia		GER-SH	W-40	00:53:16	12
67	569	00:54:19	Heilck	Anja	Berufsfeuerwehr Neumünster	GER-SH	W-40	00:53:17	13
68	273	00:54:20	Willenbrecht	Larissa	Grund- und Regionalschule Einfeld	GER-SH	W-JB	00:53:28	5
69	951	00:54:29	Nowara	Jolanthe		GER-SH	W-20	00:53:04	14
70	10	00:54:40	Adam	Marie-Charlotte		GER-SH	W-20	00:53:17	15
71	901	00:54:45	Gossen	Vivian		GER-SH	W-20	00:54:24	16
72	787	00:54:46	Edler	Jutta	SG TSV Kronshagen / Kieler TB	GER-SH	W-45	00:53:27	12
73	238	00:54:47	Riepen	Silke	FEK - Team	GER-SH	W-50	00:54:18	6
74	106	00:54:48	Schalkowski	Silvia		GER-SH	W-45	00:54:22	13
75	460	00:54:51	Serwuschok	Martina	VR Bank Neumünster	GER-SH	W-50	00:54:43	7
76	13	00:54:52	Aschoff	Birgit		GER-SH	W-50	00:53:12	8
77	440	00:54:54	Barkowski	Vera	VR Bank Neumünster	GER-SH	W-35	00:53:23	6
78	788	00:54:56	Edler	Dorit	SG TSV Kronshagen / Kieler TB	GER-SH	W-40	00:53:37	14
79	610	00:55:03	Drenovakovic	Michaela		GER-SH	W-35	00:54:44	7
80	554	00:55:10	Ermet	Angela		GER-SH	W-20	00:54:22	17
81	391	00:55:14	Feldmann	Martina	SV Boostedt	GER-SH	W-40	00:53:12	15
82	1063	00:55:19	Bastert	Antje	SG Tantalus Kiel		W-40	00:54:38	16
83	37	00:55:33	Auricht	Grit	Polizei SV Neumünster	GER-SH	W-35	00:53:59	8
84	76	00:55:33	Lensch	Alexandra		GER-SH	W-30	00:54:00	10
85	1015	00:55:41	Rusitska	Anke			W-60	00:53:48	1
86	172	00:55:46	Hamann	Marion	BoSeela	GER-SH	W-45	00:55:01	14
87	145	00:55:58	Wraase	Kristin		GER-SH	W-20	00:55:19	18
88	693	00:55:59	Jürgensen	Uta		GER-SH	W-45	00:55:39	15
89	437	00:56:00	Trutschel	Ina	Uker Schule	GER-SH	W-50	00:54:37	9
90	659	00:56:09	Hierlander	Ute		GER-SH	W-50	00:54:50	10
91	884	00:56:19	Dülsen	Olga		GER-SH	W-35	00:55:40	9
92	343	00:56:21	Selck	Kathrin	O.t.n Laufflabor	GER-SH	W-20	00:56:10	19
93	123	00:56:42	Steinhilb	Hilke		GER-SH	W-35	00:55:22	10
94	1007	00:56:48	Loehndorf	Melanie			W-30	00:56:33	11
95	663	00:56:52	Reinke	Anja	DAK-Team	GER-SH	W-40	00:55:49	17
96	242	00:56:52	Taylor	Monique	FEK - Team	GER-SH	W-20	00:56:05	20
97	1060	00:56:57	Meyn	Beatrix			W-50	00:55:51	11
98	978	00:57:02	Stein	Kerstin	Tietgen Haustechnik GmbH	GER-SH	W-30	00:56:14	12
99	313	00:57:04	Tegge	Michaela	Lübeck 1876	GER-SH	W-35	00:55:58	11
100	62	00:57:08	Koepsell	Sabine		GER-SH	W-45	00:55:25	16
101	680	00:57:19	Heinacher	Corinna		GER-SH	W-45	00:56:58	17
102	65	00:57:22	Konnegen	Kristina		GER-SH	W-30	00:56:27	13
103	919	00:57:44	Jeda	Yana		GER-SH	W-20	00:57:02	21
104	454	00:57:49	Petersen	Andrea	VR Bank Neumünster	GER-SH	W-40	00:56:46	18
105	727	00:57:54	Steinmann	Jitka	Adventgemeinde Neumünster	GER-SH	W-20	00:56:16	22
106	286	00:57:55	Stevens	Katharina	KÍN GmbH	GER-SH	W-45	00:56:24	18
107	618	00:57:57	Grubben	Renate	SVT	GER-SH	W-65	00:56:48	1

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
108	463	00:58:01	Werkmann	Rita	VR Bank Neumünster	GER-SH	W-55	00:57:38	2
109	292	00:58:02	Lill	Wiebke	Kowsky Lauf Team	GER-SH	W-40	00:57:28	19
110	97	00:58:24	Reineke	Ute		GER-SH	W-50	00:57:01	12
111	769	00:58:26	Karge	Katarina	Neuhaus Immobilien	GER-SH	W-SA	00:56:39	4
112	134	00:58:26	Volkening	Tanja		GER-SH	W-30	00:56:34	14
113	191	00:58:31	Sawade	Franziska	Die Nordthopäden	GER-SH	W-45	00:57:55	19
114	886	00:58:37	Eggert	Monika		GER-SH	W-50	00:57:57	13
115	816	00:58:38	Beilfuß	Angelina	BSG Sparkasse-Südholstein	GER-SH	W-20	00:57:06	23
116	406	00:58:44	Dose	Angela	Team Michel Meisterhaus GmbH	GER-SH	W-50	00:57:30	14
117	631	00:58:55	Kuhn	Beate	Gettorfer TV	GER-SH	W-45	00:58:04	20
118	538	00:59:02	Andersen	Bärbel		GER-SH	W-65	00:59:02	2
119	68	00:59:15	Kunkat	Susanne		GER-SH	W-40	00:57:29	20
120	388	00:59:31	Bey	Marie-Luise	SV Bokhorst	GER-SH	W-60	00:59:01	2
121	228	00:59:32	Kreutz	Karin	FEK - Team	GER-SH	W-60	00:58:26	3
122	687	00:59:37	Zunke	Anja	Run u. Fun	GER-SH	W-45	00:58:43	21
123	2326	00:59:40	Rohloff	Juliane		GER-SH	W-35	00:57:47	12
124	1070	00:59:44	Petersen	Janina	H. Beuthack GmbH u. Co. KG		W-20	00:59:09	24
125	942	00:59:46	Makan	Nicole		GER-SH	W-35	00:58:14	13
126	1025	00:59:49	Holtorf	Ute	Run + Fun		W-55	00:58:55	3
127	656	00:59:54	Pinket	Simone		GER-SH	W-45	00:58:36	22
128	208	00:59:55	Gerdinand	Ilonka	Fachklinik Aukrug	GER-SH	W-55	00:58:44	4
129	552	01:00:06	Kriegs	Nora	IGS- Brachenfeld	GER-SH	W-JA	00:58:17	2
130	224	01:00:08	Imbeck	Heike	FEK - Team	GER-SH	W-40	00:58:20	21
131	162	01:00:12	Golz	Heike	Baugenossenschaft Holstein	GER-SH	W-45	00:59:40	23
132	699	01:00:12	Paukstadt	Cornelia		GER-SH	W-55	00:59:48	5
133	20	01:00:21	Becker	Jenny		GER-SH	W-20	00:59:18	25
134	766	01:00:31	Michalowski	Melanie	Neuhaus Immobilien	GER-SH	W-30	00:58:43	15
135	997	01:00:42	Andersen	Petra	Blau-Weiß-Wittorf		W-40	00:58:41	22
136	850	01:00:43	Rogge	Regina	Sauer-Danfoss Neumünster	GER-SH	W-55	00:59:38	6
137	150	01:00:53	Fischer	Beate	Amtsgericht Neumünster	GER-SH	W-50	01:00:27	15
138	546	01:00:56	Schiefelbein	Rosemarie		GER-SH	W-50	01:00:32	16
139	1024	01:00:59	Kulawski	Bea	SVT		W-20	00:59:11	26
140	425	01:00:59	Stampa	Annette	TSV Brokstedt	GER-SH	W-45	00:59:56	24
141	426	01:00:59	Stampa	Henriette	TSV Brokstedt	GER-SH	W-SB	00:59:56	3
142	497	01:01:01	Thomas	Nadja	Sportpark ARENA	GER-SH	W-40	00:59:06	23
143	534	01:01:02	Meyer	Raynhield		GER-SH	W-50	01:00:41	17
144	758	01:01:02	Tietgen	Regina		GER-SH	W-50	01:00:06	18
145	103	01:01:06	Römer	Monika		GER-SH	W-50	00:59:07	19
146	912	01:01:09	Hinz	Annette	TSV Altenholz	GER-SH	W-70	01:00:29	1
147	419	01:01:09	Gollnau	Nicole	TSG Concordia Schönkirchen	GER-SH	W-30	00:59:41	16
148	657	01:01:15	Siedschlag	Karin		GER-SH	W-50	00:59:33	20
149	421	01:01:16	Wraase	Karin	TSV Altenholz	GER-SH	W-50	01:00:36	21
150	548	01:01:18	Hansemann	Heike		GER-SH	W-45	01:00:12	25
151	411	01:01:18	Goldschmidt	Monika	Timm-Kröger-Schule	GER-SH	W-40	01:00:06	24
152	27	01:01:23	Delfs	Vanessa		GER-SH	W-20	01:00:26	27
153	846	01:01:31	Pütz	Jenny	Sauer-Danfoss Neumünster	GER-SH	W-35	01:00:38	14
154	199	01:01:37	Zerbig	Karin	DRK Fachklinik Hahnknüll	GER-HAM	W-55	01:00:29	7
155	591	01:01:38	Möller	Martina		GER-SH	W-40	00:59:46	25
156	522	01:01:40	Kraft	Anja		GER-SH	W-45	01:00:30	26
157	34	01:01:41	Fieroh	Candy		GER-SH	W-30	00:59:41	17
158	655	01:01:42	Hansen	Desiree		GER-SH	W-40	01:01:03	26

Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
159	958	01:01:52	Rave	Karola	ETV Kiel	GER-SH	W-40	01:00:20	27
160	575	01:02:05	Schmale	Petra	SVT Neumünster	GER-SH	W-40	01:00:35	28
161	356	01:02:07	Balster	Heike	Polizei SV Neumünster	GER-SH	W-40	01:00:43	29
162	518	01:02:09	Schnoor	Janine	BSG Sparkasse Südholstein	GER-SH	W-30	01:00:38	18
163	357	01:02:10	Wagner	Katja	Polizei SV Neumünster	GER-SH	W-35	01:00:46	15
164	579	01:02:16	Mallin	Cheistiane	Oerlikon-Neumag	GER-SH	W-30	01:00:23	19
165	508	01:02:20	Reimers	Angelika	Polizei SV Neumünster	GER-SH	W-40	01:00:39	30
166	588	01:02:25	Möller	Marion		GER-SH	W-40	01:00:27	31
167	762	01:02:26	Neuhaus	Ann-Kathrin	Neuhaus Immobilien	GER-SH	W-SB	01:00:40	4
168	794	01:02:27	Sellhorn	Birgit		GER-SH	W-40	01:00:52	32
169	721	01:02:40	Runge	Kirsten	Stolpertruppe Süderbrarup	GER-SH	W-40	01:01:07	33
170	652	01:02:42	Riepen	Katharina		GER-SH	W-SA	01:00:39	5
171	1036	01:02:42	Lorenzen	Julia			W-JB	01:00:41	6
172	814	01:02:48	Schnoor	Annett	SV Wasbek	GER-SH	W-40	01:02:05	34
173	900	01:02:54	Goebel	Jasmin		GER-SH	W-20	01:01:26	28
174	878	01:02:54	Brunswieck	Kerstin		GER-SH	W-30	01:01:26	20
175	1022	01:02:56	Wannemacher	Petra			W-50	01:01:21	22
176	725	01:02:57	Schumann	Ulrike		GER-SH	W-40	01:01:57	35
177	88	01:02:57	Ostheimer	Katja		GER-SH	W-40	01:01:57	36
178	316	01:03:05	Rohwedder	Meggi	MTSV Hohenwestedt	GER-SH	W-45	01:02:14	27
179	540	01:03:19	Klingler	Sabine	TSV Stocksee	GER-SH	W-50	01:01:53	23
180	531	01:03:20	Lüthje	Rosi		GER-SH	W-60	01:02:02	4
181	105	01:03:26	Schädler	Jennifer		GER-SH	W-40	01:02:13	37
182	139	01:03:38	Wetzzel	Nicole		GER-SH	W-20	01:01:50	29
183	893	01:04:03	Frahm-Gloe	Sabine	LG POWER-Schnecken Kiel e. V.	GER-SH	W-40	01:02:35	38
184	934	01:04:14	Kulow	Andrea		GER-SH	W-JB	01:02:16	7
185	705	01:04:19	Wendler	Andrea		GER-SH	W-45	01:02:34	28
186	156	01:04:21	Witt	Heike	Amtsgericht Neumünster	GER-SH	W-55	01:04:07	8
187	984	01:04:22	Tettinger	Dunja	Ingenieurbüro Thorsten Gehrke	GER-SH	W-40	01:03:01	39
188	544	01:04:48	Stekkelies	Ramona		GER-SH	W-45	01:03:46	29
189	211	01:04:56	Otto	Caroline	Fachklinik Aukrug	GER-SH	W-35	01:03:01	16
190	793	01:05:04	Bertermann	Nadine		GER-SAR	W-35	01:03:19	17
191	768	01:05:05	Christian	Tanja	Neuhaus Immobilien	GER-SH	W-40	01:03:19	40
192	60	01:05:16	Klinger	Carolin		GER-SH	W-40	01:03:15	41
193	131	01:05:16	Unterlehberg	Nadine		GER-SH	W-30	01:04:34	21
194	46	01:05:17	Hein	Kirsten		GER-SH	W-45	01:03:16	30
195	275	01:05:35	Becker	Ann	IGS Faldera/Neumünster	GER-SH	W-JA	01:04:32	3
196	39	01:05:59	Girlach	Ines		GER-SH	W-45	01:04:07	31
197	956	01:06:13	Ratjen	Maren		GER-SH	W-20	01:04:19	30
198	1016	01:06:15	Korzenietz	Annika	Adventgemeinde Neumünster	GER-SH	W-JA	01:05:19	4
199	807	01:06:16	Johannsson	Inge		GER-SH	W-65	01:04:30	3
200	389	01:06:20	Bock	Theresa	SV Bokhorst	GER-SH	W-JA	01:05:50	5
201	218	01:06:20	Bock	Birte	FEK - Team	GER-SH	W-45	01:05:49	32
202	899	01:06:20	Gnittke	Monika		GER-SH	W-40	01:04:56	42
203	221	01:06:26	Duus	Andrea	FEK - Team	GER-SH	W-30	01:04:38	22
204	838	01:06:31	Lax	Carina	Sauer-Danfoss Neumünster	GER-SH	W-20	01:05:38	31
205	933	01:07:02	Krumm	Jana-Marit	EKN	GER-SH	W-SC	01:05:32	1
206	222	01:07:04	Ehlers	Claudia	FEK - Team	GER-SH	W-40	01:05:15	43
207	48	01:07:11	Herrmann	Anita		GER-SH	W-55	01:06:30	9
208	767	01:07:22	Neuhaus	Andrea	Neuhaus Immobilien	GER-SH	W-40	01:05:36	44
209	213	01:07:31	Wentzel	Ulrike	Fachklinik Aukrug	GER-SH	W-35	01:06:13	18

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Ergebnis M / W - gesamt

Karstadt-Lauf (10 Km)

Karstadt-Lauf W

Pos	StNr	Gesamt	Name	Vorname	Verein / Ort	Nat.	Alters- Klasse	Netto	Pos AK
210	445	01:07:34	Keller	Evelyn	VR Bank Neumünster	GER-SH	W-20	01:06:24	32
211	706	01:07:35	Volquardsen	Jennifer		GER-SH	W-20	01:06:16	33
212	420	01:07:38	Hennig	Tanja	TSG Concordia Schönkirchen	GER-SH	W-40	01:06:10	45
213	961	01:07:51	Rohrbach	Irene	HolzLand Greve	GER-SH	W-20	01:07:22	34
214	805	01:07:52	Clausen	Ann-Cathrin		GER-SH	W-20	01:06:07	35
215	661	01:07:54	Ranke	Sabine	DAK-Team	GER-SH	W-40	01:06:48	46
216	1023	01:07:57	Nero	Heike			W-55	01:07:22	10
217	197	01:08:12	Stölten-Hahn	Maike	DRK Fachklinik Hahnknüll	GER-HAM	W-40	01:07:03	47
218	382	01:08:30	Dehne	Simone	Sport-Legerstenieker	GER-SH	W-35	01:06:55	19
219	383	01:08:31	Kalusche	Sina	Sport-Legerstenieker	GER-SH	W-30	01:06:56	23
220	809	01:08:36	Busch	Manuela	LG POWER-Schnecken Kiel e.V.	GER-SH	W-30	01:08:08	24
221	125	01:08:51	Stürzebecher	Dr. Angelika		GER-SH	W-50	01:06:49	24
222	840	01:09:00	Marks	Heike	Sauer-Danfoss Neumünster	GER-SH	W-45	01:07:12	33
223	111	01:09:26	Schnauer	Susanka		GER-SH	W-20	01:07:52	36
224	529	01:10:30	Jaß	Maren	Gut Heil Neumünster/ RSV Neumünster	GER-SH	W-40	01:08:58	48
225	361	01:10:30	Martinsen-Hamann	Hilke	Polizei SV Neumünster	GER-SH	W-55	01:08:50	11
226	363	01:10:30	Rothenburg-Bahr	Petra	Polizei SV Neumünster	GER-SH	W-45	01:08:51	34
227	359	01:10:31	Bruhn	Inka	Polizei SV Neumünster	GER-SH	W-45	01:08:52	35
228	576	01:10:53	Elegin	Anne	EDEKIDS	GER-SH	W-20	01:09:12	37
229	288	01:10:57	Havemeister	Jutta	Kowsky Lauf Team	GER-SH	W-40	01:10:23	49
230	58	01:11:18	Kirchhoff	Ann-Katrin		GER-SH	W-20	01:09:45	38
231	77	01:11:18	Lensch	Birte		GER-SH	W-30	01:09:45	25
232	519	01:12:05	Rusche	Franke		GER-SH	W-45	01:10:11	36
233	195	01:12:37	Kobylka	Elfriede	DRK Fachklinik Hahnknüll	GER-HAM	W-60	01:11:30	5
234	98	01:13:16	Richter	Elsbeth		GER-SH	W-60	01:12:03	6
235	511	01:13:21	Nietzold	Claudia		GER-SH	W-40	01:11:24	50
236	322	01:13:48	Büll	Nadine	O.t.n Laulabor	GER-SH	W-30	01:12:48	26
237	779	01:13:53	Marks	Marleen		GER-SH	W-20	01:12:05	39
238	520	01:13:54	Mueller	Karin		GER-SH	W-45	01:13:54	37
239	175	01:13:58	Großer	Anne	BSG Neumünster	GER-SH	W-20	01:13:58	40
240	280	01:14:01	Gehrke	Ulrike	Ingenieurbüro Thorsten Gehrke	GER-SH	W-40	01:12:39	51
241	277	01:14:01	Eichert	Marlis	Ingenieurbüro Thorsten Gehrke	GER-SH	W-45	01:12:39	38
242	281	01:14:02	Künnecke	Sabine	Ingenieurbüro Thorsten Gehrke	GER-SH	W-45	01:12:40	39
243	362	01:14:30	Ragge	Sabine	Polizei SV Neumünster	GER-SH	W-45	01:12:50	40
244	360	01:14:30	Carstensen	May-Britt	Polizei SV Neumünster	GER-SH	W-40	01:12:49	52
245	498	01:16:25	Koppe	Isa	Polizei SV Neumünster	GER-SH	W-65	01:14:25	4
246	336	01:17:05	Rachow	Christina	O.t.n Laulabor	GER-SH	W-JA	01:16:05	6
247	337	01:23:57	Sabotta	Steffi	O.t.n Laulabor	GER-SH	W-20	01:22:55	41
248	927	01:24:03	Klaschka	Christin		GER-SH	W-20	01:23:23	42
249	537	01:26:58	Schultz	Alicia		GER-SH	W-JB	01:25:03	8
250	691	01:26:58	Lütt	Jessica		GER-SH	W-SA	01:25:02	6
251	338	01:27:26	Sahdan	Lea	O.t.n Laulabor	GER-SH	W-20	01:26:24	43
252	340	01:27:26	Schneider	Sandra	O.t.n Laulabor	GER-SH	W-20	01:26:24	44

Einträge in der Liste: 966